

# THE ORINDA NEWS

Gratis Volume 30, Number 9 **Published by The Orinda Association** 

Delivered to 9,000 Households and Businesses in Orinda

12 Issues Annually September 2015

# Lots of Fun at Orinda Classic Car Show Benefits Nonprofits

By SALLY HOGARTY Editor

Three Shelby Cobras, several Mustangs, ■ two Woodies and many more classic cars will ensure lots of fun for local residents as the 11th Annual Classic Car Show rolls into Orinda on Sept. 11-12.

"This is really a destination event," says founder and organizer Chip Herman. "We'll have a little fun and, hopefully, raise more than a little money for our local nonprofits." Beneficiaries of the Classic Car Show include the Orinda Association, Seniors Around Town ride service, Educational Foundation of Orinda, the Orinda Rotary, Orinda Starlight Village Players, Lamorinda Arts Council, Orinda Chamber of Commerce, Orinda Parks and Rec Foundation and the Orinda Historical Society Museum.

It all begins on Friday, Sept. 11, at 6 p.m. with the popular Dancing with the Cars dinner. Billed as "Fun, Fun, Fun till Her Daddy Takes the T-Bird Away" (yes, the car show includes some beautifully restored T-Birds!), this year's dinner will resemble a beach party. "We'll have two Woodies on display complete with surf boards hanging out the back," says Rotary member and dinner organizer Barbara Bontemps. "We'll also have a Shelby Cobra, a '65 Mustang and a T-bird at the dinner to give people an idea of what to expect the next day."

Bontemps says the food will also reflect the beach party theme with stuffed pork loin, coconut confetti rice, citrus salad and, of course, tropical drinks. "We'll also have



Getting ready for Dancing with the Cars are (L-R) Jim and Sue Breedlove, Candy Kattenburg, Cora Hoxie, Bill Wadsworth and opening the door, chairperson Barbara Bontemps. The 1957 T-bird shown is owned by Orinda resident Eddie Kassick.

songs of the Beach Boys and Jan and Dean," she adds. Bontemps encourages party goers to dress the part - Hawaiian shirts, dresses, flip-flops and maybe even

be welcome. A cake auction plus a silent and live auction (which includes a trip to Hawaii) will raise additional funds for the nonprofits. Tickets are \$100 per person (non-

an Annette Funicello look-a-like would

dancing to live music with surf-inspired

reserved) and \$125 (reserved) and can be purchased by calling Bontemps at 925-899-9929, emailing her at bbon@comcast.net or [SEE CLASSICS page 6]

# Senator Glazer Names Orindan Chief of Staff

By MAGGIE SHARPE Staff Writer

Tormer Orinda Mayor Steve Glazer, who was sworn in May 28 as State Senator for District Seven, has named Orinda resident Stephen Whittaker his Chief of Staff. "Steve knows me well and is very

family settled in Orinda in 1999. In 2010, they moved to London and then Singapore.

"We just returned to our Orinda home six weeks ago and couldn't be happier to reconnect with our friends and this special community," said Whittaker, who holds a B.A. from UC Berkeley, an M.A. from Cambridge University, England, and a J.D. from Harvard Law School. "After law [SEE STAFF page 8]

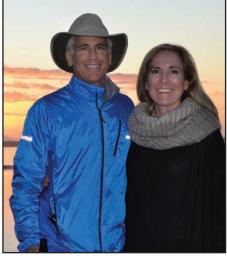
# School Board Approves Installing Garden in Wagner Ranch Nature Area

By DAVID DIERKS **Assistant Editor** 

t the August 10 Orinda Union School A District Board Meeting, the board voted four to one to approve the installation of the Wagner Ranch School Garden inside the Wagner Ranch Nature Area (WRNA). The school garden will occupy 5,000 square feet, about .6 percent of the total 18 acre WRNA. Wagner Ranch Elementary School (WRES) Principal Jim Manheimer said, "I

consider the Wagner Ranch Nature Area to be an enormous asset to Wagner Ranch, the school district and community. It's an extremely impressive piece of land. The projects undertaken over the years to make it such a wonderful resource for school children are truly magnificent."

The new garden will form a triangle (100 feet by 100 feet by 114 feet) in a corner of the chain link fence which forms the perimeter of the WRNA. "Our students would [SEE WRNA page 20]



Stephen Whittaker, Senator Glazer's Chief of

Staff, and his wife Carol.

familiar with the concerns of residents in Orinda and throughout my Contra Costa and Alameda county district," said Glazer via email. "He brings unique insights given his lifelong work in business and law. He will be a great staff leader in the Capitol who can keep me and my team focused, effective and responsive to the people of the Seventh Senate District."

Whittaker was born in San Francisco in 1962 and raised in Monterey. He and his

### IN THIS ISSUE

News	
<b>Building Permits</b>	5
PG&E	5
Police Blotter	5
Around Town	
Benefits	6
Local Residents	7
Performing/Visual Arts	11, 13, 19,
	21
Restaurant Guide	14-16
Schools/Students	9, 10, 17
Business Buzz	24
Calendar	21
Car Time	7
Classified	20
Editorial	4
Everyday Changes	8
Orinda Association	2
Roving Reporter	12
Seasoned Shopper	22
Something to Howl About	10
The Reel Less Traveled	18

### Lou Seal Comes to Wilder

Tampers at the Giants Baseball Camp at Wilder Field in Orinda got a nice surprise when the Major League baseball team's mascot, Lou Seal, showed up.

After leading the kids in some cheers, Lou went on to spread his team spirit to other camps. For information on next year's camps at Wilder, email info@ sfgiantscamps.com.



**ECKM22** PERMIT# 4 ORINDA, CA ΠAΠ **US POSTAGE** NON-PROFIT

Postal Customer





### **ORINDA ASSOCIATION**

# Tom Romaneck Joins OA Board

Local painting contractor Tom Romaneck is the newest member of the Orinda Association (OA) Board of Directors.

Born and raised in San Francisco, Tom and his wife Denise moved to Orinda in 2003. "My wife was raised in Concord and wanted to be closer to her mother so we moved to Orinda," says Tom. "We have made so many friends here and greatly enjoy the small town atmosphere."

Romaneck's company specializes in interior and exterior painting as well as deck restoration. He has over 100 references from Orinda residents for whom he has worked. "I take a lot of pride in my work and take my time to be sure the job is done right," he adds.

When not beautifying local residences, Romaneck likes to volunteer his time for a variety of community groups and events. "My love of volunteering goes back to the early 90s when I got involved with the Special Olympics in San Francisco," he says. Romaneck was a member of the Lafayette Chamber of Commerce for eight years and



SALLY HOGARTY

Painting contractor **Tom Romaneck** recently joined the OA board.

is now a very active member of the Orinda Chamber, where he is chairman of the Ambassador's Committee. "The ambassadors are the backbone workforce of the chamber," Romaneck explains. "We do the set up and clean up after such chamber events as [See ROMANECK page 8]

# A Message From the OA President

Time for a Fresh Look at our Downtown



Bill Waterman

arlier this summer our City Council Ecompleted its work on the latest round of the state-mandated Housing Element as part of its overall land use plans. And with the considerable input and support of the Citizens Infrastructure Oversight Commission (CIOC), and many hard working concerned citizens, and city staff, the council has pushed ahead with the early stages of a road and drain repair plan. Having moved ahead on these critical and time consuming matters, the council now has the opportunity to begin anew what will no doubt be a very lengthy discussion about what kind of downtown our city will have in the coming decades.

Plainly stated, our two prized downtown areas – the theater and the village districts – could benefit from some new and vibrant businesses and offices. On the theater side, the last new structure built was Theater Square, which to my memory was nearly 25 years ago. On the village side, aside from our marvelous Library and City Hall buildings, there haven't been any new private buildings built or had substantial exterior updating in about 40 years, since the "Vintage House" was constructed sometime in the mid-1970s (during the "disco" music era for those of us that remember). That's not to say all of our commercial structures are in poor condition or should be torn down. To the contrary, buildings like Orinda Motors and Casa Orinda connect us to the past and are in very good condition. But having buildings deteriorate and remain empty shells for years on end (i.e. Phairs) or remain vacant lots for 25 plus years (i.e. the vacant lot next to Phairs and the site of the former Mobil gas station in the village), are eyesores and are in need of our attention. Clearly, some kind of action is required in this area.

Certainly, planning in our two downtown districts has to be done very thoughtfully and carefully. One idea might be to create a new "Downtown Specific Plan," along the lines of what Lafayette did in the past 10 years. That plan, which supplemented their general plan, was the product of nearly 10 years of planning and discussion between the neighborhood associations, city staff and council. The plan created the needed detail and structure for a creative development process, and gave rise to fresh new ideas. Another proposal, suggested by folks in Orinda Vision and supported by the Orinda Chamber of Commerce, would be to invite the Urban Land Institute (ULI) to form a Technical Assistance Panel (made up of multidisciplinary experts in planning, architecture, construction, governance, etc.) to provide some new ideas and the momentum needed to come up with some realistic solutions to this perplexing challenge.

It's probably safe to say that virtually all of us here in Orinda appreciate and value living among the green/brown hills and moving about in a place that maintains its semi-rural character. We all feel fortunate to be able to live in such a beautiful place. We can and must preserve this unique character of Orinda. And, in my opinion, we owe it to ourselves and future generations to resume efforts to enhance the viability of our two downtown districts. We can and should begin down this path again and, with much discussion and dialogue, at least some modest improvements will hopefully become a reality.





### The Orinda Association

The Orinda Association is a not-for-profit corporation dedicated to:

Maintaining and improving the quality of life in Orinda;

 Promoting awareness and discussion of issues that are important to the community;

 Encouraging and recognizing volunteer efforts to enhance the beauty, character, and

security of Orinda.

P.O. Box 97 26 Orinda Way (Lower Level Library) Orinda, California 94563 Phone: 254-0800 Fax: 254-8312 www.orindaassociation.org

OFFICERS
President
Vice President:
Secretary
Treasurer

Membership

Bill Waterman Joe Garvey Alison Dew Cindy Powell Jim Luini BOARD MEMBERS Maura Aars Joe Haughin Chris Laszcz-Davis Tom Romaneck





### Helping your neighbor this fall.

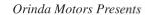
Do good while feeling good and register to volunteer as a driver for the

## **Seniors Around Town Program**

Orinda seniors living independently occasionally need help getting to doctor's appointments in our area. You determine how often and how far you want to drive. Your gift of time and transportation allows our seniors to remain in their homes, living independently.



Call today at 925-402-4506 or go to www.orindaassociation.org





# The 11th Annual Orinda Classic Car Show Weekend

Friday Night Pre-Party,

September 11th, 6:00pm "DANCING WITH THE CARS"

Saturday,

September 12th, 10am-3pm **ORINDA CLASSIC CAR SHOW** 

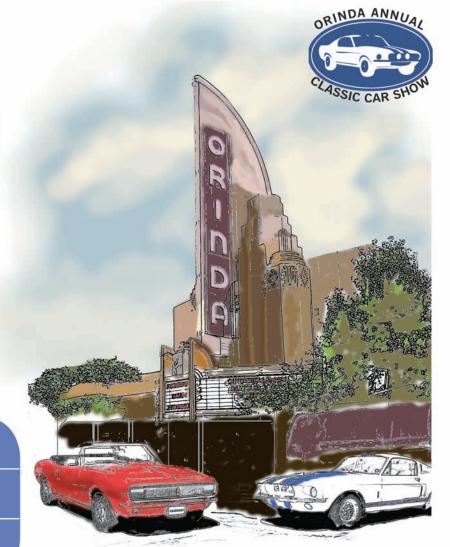
**Exhibitors' Sponsor** // Sale/Mu/cle...

Entries by mail are now closed. Please go to www.OrindaCarShow.com for current entry information. Join us as a spectator - Admission is FREE!

Enjoy vintage and modern exotic cars and motorcycles, food, music, and more! The show will be held in and around Orinda Motors, 63 Orinda Way.

### Cruise in a Classic!

Donate \$10 and choose your ride for the Drive.



# Buy Party Tickets and Check Car Show Entry Info Today at www.OrindaCarSl

These events benefit the Seniors Around Town transportation program, Educational Foundation of Orinda and other local charities. We would like to thank our partners for helping make these events happen: Orinda Association, Rotary Club of Orinda, Orinda Historical Society Museum, Orinda Country Club, Orinda Chamber of Commerce, EFO, Lamorinda Arts Council and Seniors Around Town.

# **Event Schedule**

Friday, September 11th, 6:00pm "DANCING WITH THE CARS" FRIDAY NIGHT PRE-PARTY

The presenting sponsor for this great event is **Clark Thopmpson - Village** Associates.

FUN FUN (till her daddy takes the T-Bird away)

This all-inclusive event is Orinda's largest community-wide fundraiser and will feature a totally awesome exhibit of Shelby Cobras. Along with other primo classic cars of the era. Tropical cocktails, a luscious menu, silent and live auctions, and dancing

## Buy your tickets at: www.OrindaCarShow.com

Space is limited so don't wait. NO WALK-INS WILL BE ALLOWED.

to the surf-inspired songs of the Beach Boys and Jan and Dean will have you ready to hang ten and shoot the curve! Reserve your tickets now!

Proceeds from this event benefit a variety of non-profits, including EFO, the Orinda Association, the Lamorinda Arts Council, Orinda Parks and Rec Foundation, the Orinda Chamber of Commerce, the Rotary Club of Orinda, which produces "Dancing with the Cars".

### Free Admission Saturday September 12th, 10am - 3pm 11TH ANNUAL ORINDA CLASSIC CAR SHOW

The presenting sponsor for this event is **Orinda Motors**.

- The show will be held in Orinda Village around Orinda Motors and on Orinda Way.
- 200 Classic and modern exotic cars as well as unique motorcycles
- Lamorinda Idol Winners Performance at Noon
- Arriving at 1pm, there will be an outstanding exhibit of original Shelby Cobras. which the following day will begin the 26th Annual Cobra 1000 Invitational Tour
- · Shaded seating to enjoy lunch and refreshments from the Car Show BBQ Booth
- · Loard's Ice Cream and Candy
- Ride in the Drive of Classic Cars at 3pm
- · Buy a 2015 Car Show T-Shirt

Proceeds benefit local charities: Seniors Around Town, Educational Foundation of Orinda, Orinda Historical Society Museum, Orinda Association, and other local charities



See a 1 p.m. visit of **Original Shelby Cobras** about to begin their Annual 1000 Mile Invitational Tour!



### "DANCING WITH THE CARS" PARTY SPONSORS



**Presenting Sponsor:** 

CLARK THOMPSON



### Supporting Sponsors:

Breedlove Insurance Services, Brydon & Ives, Clark Thompson - Village Associates, Drakes Brewing, Gary Wong, CPA, Land Home Financial Services, Mechanics Bank, Oakland Zoo, Orinda Optometry Group

Special thanks to the Rotary Club of Orinda for producing this party!

### ORINDA CLASSIC CAR SHOW SPONSORS



### **Presenting Sponsor:**

ORINDA MOTORS. INC. Supporting Sponsors: 92.1 KKDV, Aetna, Bay Alarm, Berry Bros. Towing, Bespoke Collections Wines, Clark Thompson-Village Associates, Cobra Experience, Dr. Jess Santucci, Fed Ex Office, Fox 2 TV 36, The Grubb Co., Hagerty Classic Car Insurance, John Muir Health, La Hermandad de Los Andes Vineyards, Lamorinda Weekly, Mercedes Benz of Walnut Creek, Merrill Lynch, Pacific Business

Centers, Piccolo Napoli, Recuerdo Wines, Richard and Kate Wiley, Safeway, SalesMuscle, The Orinda News

### CLASSIC CAR SHOW WEEKEND PIT CREW

Hallie and Henry Alfaro Stretch Andersen Syd Anderson Nancy and Bob Bishop Barbara and Jack Bontemps

Boy Scout Troop 303 Sue Breedlove Tom Brzezinski Sheila and Scott Butler Rita Chamberlain Betsy and Greg Chovanes

Steve Corbitt

Bill Criswell David Dierks Anthony Drewitz Lynn and Steve Freeman Jill Gelster Steve Giacomi Karen Derr Gilbert Susan and Steve Glynn Kirk Haley Steve Harwood Carolyn and Chip Herman Sally Hogarty Sylvia Jorgensen Jeff Joyce

Stu Kahn Aileen and Mark Kazmierowski **Emily Lambert** Lindsay Lautz Mark and Mary Maxson Pete Michaelides Jim Mitchell **Fd Moffatt** Sharon and Lou Parrague

Tom Pearson Allen Pennebaker Greg Pritchard Terry Ranahan

Debbie and Wayne Rechnitz Janet and Ben Riley Mike Robinson Dayna and John Sayres Bob Schmaltz Greg Sisk Tom and Monica Steinberger Steve Strand John Vanek Craig Volpe

Marie and Bill Waterman

Kate Wiley

### **EDITORIAL**

## Letters to the Editor

### Orinda City Council Refuses To Make Tough Decisions On Water Use

Kudos to *The Orinda News* (August 2015 issue) for its front-page article on water rates.

During this time of extended drought, courageous leadership is, to date, lacking on the part of the majority of the Orinda City Council.

Until and unless the drought ends, there must be a moratorium on new construction in Orinda. The City Council itself can vote for a moratorium, or the council can put a referendum on the ballot, allowing Orinda's voters to decide if a moratorium is appropriate.

On June 16, the East Bay Municipal Utility District (EBMUD), which provides water to Orinda, sent customers a letter stating that, "Single-family residential customers who use more than 80 units (59,840 gallons) of water per billing period are subject to a . . . penalty."

The EBMUD directive is asking each Orinda household to use about 1,000 gallons of water per day. In effect, a household of four members will be limited, on average, to 250 gallons per day.

In recent weeks, the City of Pleasanton, California, placed restrictions on new construction. Is a majority of Orinda City Council afraid of offending real-estate development interests by not placing a moratorium on new construction?

In January, City Councilmember Eve Phillips introduced a motion to allow Orindans to vote on the Housing Element, a plan to permit hundreds of new houses in Orinda, a city that is basically full. Not one other member of the council would second Ms. Phillips' motion, killing it.

It's time for the residents of Orinda to rise up and tell the city council to be responsible with such a precious resource as water.

Any Orinda resident concerned with conserving water should contact all members of the City Council, stating that time for bold leadership on water conservation has arrived.

The City Council must act. Any councilmember who opposes a moratorium on construction must be held strictly accountable. — Richard S. Colman

# Where do our property tax dollars go?

The Contra Costa Assessor released this year's property tax assessments and Orinda's tax base increased 8.3 percent from \$5.39 billion to \$5.84 billion. This \$450 million increase will generate \$4.5 million in new taxes. Where will those go? About 50 percent go to the state school system; 7.3 percent (\$330,000) go to Orinda; and 22.4 percent (\$1 million) go to MOFD. The MOFD increase equates to \$110,000

for each of the nine firefighters stationed in Orinda.

How does that compare with what our partner Moraga is contributing to MOFD? Their tax base only increased \$200 million this year and 18.9 percent of that goes to MOFD. So their taxes to MOFD only increased \$380,000. This equates to less than \$50,000 for each of the eight firefighters stationed in Moraga.

Did Moraga firefighters get less of a raise than Orinda firefighters? No, they all get paid the same. So where did Orinda's money go? To subsidize service in Moraga as it has since MOFD was formed. Orinda taxpayers are currently paying \$13.8 million in property taxes (including parcel taxes) to MOFD; equivalent to \$1,534,000 per firefighter for the nine firefighters stationed in Orinda. Moraga taxpayers are only paying a total of \$7.6 million in taxes; equivalent to \$944,000 per firefighter for the eight firefighters stationed in Moraga. The average cost per firefighter for the district is \$1,256,000, which means Orinda taxpayers are subsidizing Moraga with \$312,000 in tax dollars for each of Moraga's eight firefighters or a total of \$2.5 million for the year. This is a \$275,000 increase from last year and it has been steadily increasing every year.

Orinda could use this \$2.5 million to make our city safer. We have over two dozen substandard fire hydrants that have been neglected for over two decades. Virtually 100 percent of the emergency responses to Sleepy Hollow and Orinda Downs do not meet the benchmark response time MOFD has set for the District. We have acres of high-fire-hazard, over-vegetated residential neighborhoods which would benefit from a fuel reduction program.

Our representatives on the MOFD Board can do something about this. Our City Council members can pressure them to do something about this. Nice roads and a well planned downtown are fine; but shouldn't safety come first?

- Steve Cohn

### **Study of Downtown Needed**

As one familiar with the Urban Land Institute (ULI) and its Technical Assistance Program (TAP) program, I believe Orinda would benefit from a ULI study of our downtown. Just like our roads, which were long ignored to our detriment, the time is long overdue to address our downtown. Previous local attempts have proven divisively partisan – hardly useful in problem solving.

The ULI is a national, volunteer, professional organization made up of senior members, each with a demonstrated expertise in a particular aspect of cities and towns. The members contribute their time gratis to the TAP program and have no local constitu-



# List of The Orinda News Advertisers

	Page		Page
Arts and Entertainment	_	Pet Service	_
Lamorinda Idol	11	Animal House Pet Sitting	10
Middle Eastern Food Festival	13	Theatre View Veterinary Clinic	10
Moraga Art Gallery	13	Professional Services	
Orinda Starlight Village Players	19	Cruise Adventures Unlimited	12
Automotive		Taxi Bleu	15
Orinda Motors	7	Real Estate	
Orinda Shell	23	AG Realty	
Beauty and Fitness		Alexander Gailas	2
CoreKinetics	22	Better Homes & Gardens	
Living Lean Exercise & Eating Program	22	Lisa Shaffer	24
Churches		Coldwell Banker	
Lafayette Orinda Presbyterian Church	23	Laura Abrams	15
Cleaning Services		Suzanne Toner Geoffiron	13
Kirby Carpet Cleaning	20	Shellie Kirby	6
Construction and Trades		Steve Stahle	18
David Collins Painting Services	13	Maureen Wilbur	14
Tom Romaneck Painting	24	Pacific Union	
Dental		Virginia and Paul Ratto	18
Dr. Kristi L. Doberenz DDS	10	Leila Schlein	6
Dr. Mary Smith DDS	22	Soheila Smith Real Estate	
Financial and Insurance Services		Soheila Smith	8
Breedlove Insurance Services	1	Village Associates	
Prospect Mortgage		April Matthews	5
Kat Rider	5	Ann Sharf	6
RPM Mortgage		Clark Thompson	8
Dianne Crosby	19	Restaurants/Catering	
State Farm		Baan Thai	16
Kathleen Conroy	5	Casa Orinda	17
Garden/Landscaping		Europa	14
Blue Ridge Landscaping	13	La Mediterranee	16
Tree Sculpture	18	Lava Pit	20
Medical		Siam Orchid	17
Dr. Brian Clark	11	Village Inn Cafe	15
Dr. Nicolle Ionascu	8	Village Pizza	14
Medicine Shoppe	18	Zamboni's Pizza	16
Dr. Kristin Walker	12	Retail Stores	
Non-Profits		Echo Grove	24
Educational Foundation of Orinda	9	Farmers' Market	23
Orinda Association	3	Morrison's Jewelers	2
Orinda Classic Car Show	3	Theatre Square	24

ency or preconceived philosophy. They are selected to participate based on their professional judgment and experience. The ULI (not the TAP participants) charges a meager "fee" to cover administrative frontend expenses and the expense of reproducing the report. It is not remuneration for professional services and well below what a for-profit consulting firm would charge for the same service.

Depending on the issues defined by a city, the ULI will assemble a specific TAP

team of experienced experts from their multi-disciplinary stable (that includes economists, lawyers, architects, historians, planners, traffic/transportation engineers, landscape architects, developers, mayors, parking consultants, etc.) – a team impossible to duplicate for \$15,000 because the panelists are volunteering their time.

The ULI has operated this service for decades in many geographic areas and dealt with virtually all the issues Orinda faces

[See LETTERS page 6]

The Orinda News prints 9,000 copies and is published 12 times a year by The Orinda Association. The office is located at 26 Orinda Way (lower level of the Library). All rights reserved. The publication is sent out by direct mail (Permit #4, Orinda Post Office) and distributed to key locations throughout the city.

......Sally Hogarty Editor..... Assistant Editor......David Dierks Advertising Representatives......Jill Gelster, Elana O'Loskey Jim Luini, Elana O'Loskey, Mark Roberts, Bill Waterman, Kate Wiley .....Jennifer Conroy, Valerie Hotz, Barbara Kobsar, Charlie Jarrett, Kathryn G. McCarty, Fran Endicott Miller, Bill O'Brian, Elana O'Loskey, John Vanek, Bill Waterman, Bonnie Waters, Tom Westlake Contributing Writers ..... .... Katharine Barrett, Annabelle Hall, Hillary Hoppock, Chris Laszcz-Davis Graphics ...... Aspen Consulting: Jill Gelster & David Dierks 

# The Orinda News

A Publication of
The Orinda Association
Mailing Address
P.O. Box 97
Orinda, California 94563
Telephone: 925 254-0800

www.orindanews.org



The OA is a 501(c)(3) not-for-profit organization.

Opinions of *The Orinda News* are expressed on the editorial page. Views of writers and letters to the editor are their own and do not necessarily reflect the views of The Orinda Association or of *The Orinda News*. Advertisements appearing in *The Orinda News* are not to be construed as endorsements by The Orinda Association or *The Orinda News*.

Letters to the Editor are printed on a space-available basis and should be no longer than 400 words. They must include the writer's first and last name, signature and telephone number.

Send letters to: Editor, *The Orinda News*, P.O. Box 97, Orinda, CA 94563, or email to news@orindaassociation.org. **Letters to Editor** for the October issue are due **September 8, 2015**.

For display advertising rates, call Jill Gelster at 925-528-9225 or email to jill@aspenconsult.net. The deadline for the October issue is September  $8,\,2015.$ 

### PG&E / PERMITS / POLICE BLOTTER

### City Launches 30th Anniversary



Mayor Dean Orr (L), along with members of the current and former City Councils, attended the final Concerts-in-the-Park on Aug. 11 to kick-off the official celebration of the City of Orinda's 30th anniversary of incorporation. Events are planned throughout the year. Look for them in the Orinda Outlook, emailed to residents, and on the city's website, www.cityoforinda.org.

# PG&E Launches Gas Pipeline Safety Initiative

■ Trees Blocking Access to Pipelines May Be Removed

> By FRAN ENDICOTT MILLER Staff Writer

Pacific Gas and Electric (PG&E) recently relied a company of the control of the c cently rolled out a Community Pipeline Safety Initiative to identify areas of problematic gas pipeline access. Jeff Smith, the company's corporate relations representative, says that 83 Orinda residents have received notification letters about possible gas pipeline access issues on their properties. PG&E has identified 289 trees on the residents' properties that block or impede access to pipelines and may have to be removed and replanted. PG&E will cover all costs of the work.

"While it may not be obvious to the naked eye, certain trees, tree roots, brush and structures can threaten gas safety because they block first responders, fire fighters and our own emergency response crews from getting to the pipe during emergencies of natural disasters and making it safe," says Smith, who likens the blockages and access issues to parking a car in front of a fire hydrant. "If there is an emergency, there cannot be any obstacle impeding immediate access."

The initiative is part of PG&E's \$3 billion safety improvement program, implemented partially in response to the disastrous 2010 San Bruno explosion.

"We are asking to take a closer look at these premises and, if it is determined that there is access concern, PG&E will work with the customer to re-landscape to his or her satisfaction," says Smith.

PG&E has also identified 21 trees on Orinda pubic property that require attention. PG&E will work with community leaders and the city council to replace and replant the trees. There is no current timeframe for the work, however PG&E hopes to proceed quickly, with customer satisfaction its primary concern.

"We have a critical responsibility to keep our customers and our communities safe," says Smith. "We completely understand how important trees and landscaping are to families, the community and the environment. Trees are important to us too. We want Orinda residents to know that if a tree needs to be replaced for safety reasons, we will listen to their concerns and work together with the property owner or civic leaders to ensure the natural beauty of the area is restored and trees are replanted in a safe area. All this natural landscaping work will be done at PG&E's expense – with no charge to our customers or the city of

For more information on the Community Pipeline Safety Initiative, call 800-PGE-5000.

## Chase Bank Looks to Locate on Camino Sobrante

By SALLY HOGARTY Editor

public hearing was held at the Orinda APlanning Commission meeting on Aug. 25 (meeting occurred after press deadline) to consider a commercial use permit for Chase Bank to locate at One Camino Sobrante. The proposed Class B use (retail financial) permit was filed by the owner of the building, which includes Fed Ex printing, Zamboni's Pizza restaurant, Great Clips hair salon, NIWA's and Starbucks on street level with offices

above.

The application includes a variance request for proposed parking that is less than required under Orinda's Municipal Code. "We received a letter from the owner's representative requesting the conditional use permit to allow a retail financial institution at the site of the FedEx and Zamboni's Pizza, which we understand is on a month to month lease," says Planning Director Emmanuel Ursu.

For the staff report (available by Aug. 22) or the audio minutes of the Aug. 25 meeting, go to www.cityoforinda.org.



### POLICE BLOTTER

July through August 15, 2015

Burglary, Auto: 3 incidents at Northwood Dr./Davis Rd., Moraga Way/Bryant Way and Tara Rd.

Burglary, Commercial: 1 incident at Moraga Way.

Burglary, Residential: 5 incidents at Meadow View, Hall Dr., North Ln., Camino Encinas and Orchard Rd.

Embezzlement: 1 incident at Safe-

Identity Theft: 4 incidents at La Cuesta Rd., Warford Terr., Orchard Rd. and Tappan Ln.

Petty Theft: 5 incidents at Moraga Way (2), Estabueno Dr., Beverages and More and Dalewood Dr.

Petty Theft from Vehicle: 2 incidents at Fiesta Cir. and Risa Ct./Ivy Dr.

**Possession of Dangerous Drugs:** 1 incident at Safeway.

**Shoplifting:** 3 incidents at CVS, Camino Sobrante and Moraga Way. Vandalism: 2 incidents at Camino

Encinas and Irwin Way. Vehicle Theft: 3 incidents at Meadow View, Tahos Rd. and Lombardy Ln.

Fight/Shoplifting: 2 arrests at Safe-

**Petty Theft:** 1 arrest at Safeway. **Possession of Dangerous Drugs: 2** arrests at Camino Sobrante and Donna

Maria Way/Sager Ct.. Possession of Drug Paraphernalia: 1 arrest at Rheem Blvd./Moraga Via.

**Probation Violation:** 2 arrests at CVS and Altarinda Rd./Santa Maria.

Stolen Vehicle: 1 arrest at Orinda

Warrant Arrest: 3 arrests Bates Blvd., Orinda Way and Camino Pablo/ El Toyonal.

### **Orinda BART Station**

No reported incidents.

 Compiled by David Dierks Assistant Editor



### Refinancing? Purchasing?

Home lending in Lamorinda over 25 years

# Call Kat!

Kat Rider Loan Officer NMLS#202928 Cell: 925.787.1692

kat.rider@prospectmtg.com

1910 Olympic Blvd. #120 Walnut Creek

nan Oaks, CA 91403, 800-464-2482. Prospect Mortgage, LLC, NMLS ID #3296 raccess.org) is a Delaware limited liability company, licensed by the partment of Business Oversight under the California Residential Mortgage Lending ct, 1910 Olympic Blvd #120 Walnut Creek, CA 94596 Branch #301524







### Kathleen Conroy, Agent

23 Orinda Way, Suite 304 kathleen@kathleenconroy.com 925-254-3344

Insurance Lic#: 0729571



State Farm Mutual Automobile Insurance Company, State Farm Indemnity Company, State Farm Fire and Casualty Company, State Farm General Insurance Company, Bloomington IL

# It's April in Lamorinda for Real Estate

Consistently representing Buyers and Sellers in Successful Transactions

\*Expert advice \*20 years of Lamorinda knowledge

\*Personalized strategy \*Extensive marketing

\* A thorough plan for your home preparation/staging \*Outstanding negotiating skills



**April Matthews** 925.253.2147 aprilmat@comcast.net CalBRE# 01221153 www.dreamhomelamorinda.com



### FUNDRAISER / AAUW

### ♦ LETTERS from page 4

many times. Indeed many members come from towns comparable to Orinda.

This process, the epitome of openness, presents a path forward for Orinda. Our children and grandchildren will thank us for avoiding the temptation to again ignore our downtown problems and opportunities.

- Peter Hasselman

#### **Developing a Downtown Plan**

The Orinda City Council has recently agreed to begin a long-deferred community discussion on the future of downtown. The intent is to explore ways to solicit input on changes that may be needed and the tools that are available to the city for facilitating change.

The council has made a good start on a long-term program to improve our roads. It is now time to begin to formulate a long-term program for improvement of our downtown, a downtown without significant renewal in 25 years.

There are many issues to be addressed: How to create a rational plan for the future of a downtown that has no plan? How to interest the area's best merchants in considering Orinda? How to maintain Orinda's village character in the 21st century? How to deal with traffic and parking in the Crossroads? How to have a positive influence on the change of property ownerships that is happening in Orinda Village?

There are many resources available to assist us in identifying and addressing the relevant issues. There is no lack of professional talent in the Bay Area to help guide this discussion.

A good place to start would be for the city to request the San Francisco chapter of the Urban Land Institute, the nation's foremost real estate research and educational institute, to convene a Technical Assistance Panel in Orinda. This is a cost effective way to garner the advice of experienced professionals from the Bay Area who volunteer their time to address the issues that the applicant city wants them to address. Thirty-two Bay Area cities have benefited from these panels over the past 10 years.

A panel is typically comprised of half a dozen experts from various disciplines that are in the best position to respond to the specific issues raised. Its members analyze the issues and the real estate involved, interview the stakeholders in the

### ♦ CLASSICS from page 1

sending a check to Orinda Rotary, P.O. Box 44, Orinda, CA 94563. Tickets can also be purchased online at www.orindarotary.org.

The festivities continue on Saturday, Sept. 12, from 10 a.m. until 3 p.m. when close to 200 cars will be on display in and around Orinda Motors (OM), 63 Orinda Way, as well as in the Phairs parking lot. OM, the presenting sponsor which generously closes down its business each year for the car show, will be a hub of activity with not only lots of great cars but also a display by The Orinda Historical Society Museum depicting Orinda through the years. "We will have cars inside our garage that would have been driven in Orinda during the time period as well," says OM's John Vanek.

According to Herman, a very special event includes the 1 p.m. visit of at least seven original Shelby Cobras about to begin their annual 1,000-mile invitational tour as well as the 3 p.m. Drive of Classic Cars. "We'll have over 100 cars going down Orinda Way and then over to the Theatre Square part of town and on to Moraga," he explains. "If you want a really good spot to see some amazing vehicles, just line up along Orinda Way a little before 3 p.m." For those wanting to be closer to the cars, a \$10 donation will get you a seat in the car of your choice.

While the car show is free, donations will be gratefully accepted. Helping increase those donations is a first-time ever matching fund set up by the Car Show Committee. The group has agreed to match donations up to \$5,000 with everything going to the nonprofit organizations involved.

For more information on the car show, go to www.orindacarshow.com and to purchase tickets to Dancing with the Cars on Friday night, go to www.orindarotary.org.

community and conduct a panel discussion in which its findings and recommendations are presented at the conclusion of their dayand-a-half visit.

A Technical Assistance Panel is not meant to provide the "silver bullet" answer to a city's downtown issues; rather it would provide a big-picture perspective from experts who have dealt with issues like Orinda's many times in the past. It would assist the City Council in starting our community discussion on a professional basis. - Tom Trowbridge

Are you considering buying?

Do you want to know what your home is worth in the current market? Are you wondering what is happening to home prices in the area?

For current information, give me a call about your real estate needs.

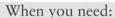


LEILA SCHLEIN

PACIFIC UNION CHRISTIE'S GREAT ESTATES

925.899.7927 Leila@LeilaSchlein.com www.LeilaSchlein.com

# ANN SHARF



- a strong negotiator
- proven results for both buyers & sellers
- professionalism & service
- a top producer

Call ANN at (925) 253-2525

I can help you navigate through this ever changing real estate market. Be certain your largest asset is in the hands of a professional who represents both buyers and sellers daily.

she comes highly recommended... Website: www.annsharf.com Email: ann@annsharf.com 93 Moraga Way, Orinda

# Dog Show Benefits Crohn's Vaccine Research

By ANNABELLE HALL **Contributing Writer** 

Pack up your pooch and head to Orinda Community Park for a fun-packed Dog Show on Sunday, Oct. 4, from 11 a.m. to 2 p.m. There will be seven contests/categories, such as scruffiest dog/bad hair day, best legs, longest ears, etc. In addition, a local kennel club will hold agility demonstrations. Face painting, food and raffles round out the show. Proceeds benefit the Crohn's MAP Vaccine Heroes and Friends of King's College London Association, Inc., a non-profit that is working to bring the vaccine to human trials.

A year ago my son, a graduate of Miramonte High School and UCLA, was planning a medical career when he was diagnosed with Crohn's Disease. Luckily, he was diagnosed at a time when there is hope for a cure. A new treatment, a promising vaccine that could potentially cure Crohn's, has been tested in animals and worked. We are now raising money to bring Crohn's MAP Vaccine to human trials.

Crohn's disease is dubbed the "other disease that starts with a C." Considered incurable, it is a highly complex, vexing condition affecting all parts of the digestive tract. Terribly debilitating, it typically strikes young people from the ages of 13 to 30. Increasingly, however, young children are being diagnosed with Crohn's. The younger the child, the more severe are the symptoms. I will spare the gory details, but suffice to say it is something you would only wish on your worst enemy! It is also a costly disease. For example, just one of the medications needed to manage Crohn's costs \$30,000 a year. There is also the pos-



Anthony Gout (R) was diagnosed a year ago with Crohn's Disease. Shown here with his sister Arielle and dog Picasso.

sibility of serious side effects, including lymphoma. Most importantly, this disease robs children of their childhood and young adults of their youth.

Funding is daunting. In his TED Talk, Roger Stein refers to the "Valley of Death" where potential medical treatments go to die because they are unfunded. We are determined that the vaccine will not be one of those lost to lack of funding. We are determined to bring this potential cure to human trials and give hope to all Crohn's

The Dog Show promises to be fun for dogs and owners alike. All ages are welcome and the show is free to spectators. Register your dog (\$20) at http://ahallgout. wix.com/fundogshow1 or just show up and register (\$25) at the event. For more information on the Crohn's MAP Vaccine, visit http://crohnsmapvaccine.com.

# AAUW-OML Teaches Young Women to \$tart \$mart

By CHRIS LASZCZ-DAVIS **Contributing Writer** 

s the American Association of Uni-Aversity Women (AAUW) Orinda-Moraga-Lafayette branch kicks off another year, the group adds new priorities to their long standing efforts to empower local college, high school, and middle school girls. Efforts include providing both college and Tech Trek science camp scholarships, mentoring girls through their Sister-to-Sister project, tutoring elementary school students and staffing the school library at Burckhalter School in Oakland.

AAUW's newest goals include teaching college women salary negotiation through their \$tart \$mart workshop. College women entering the job market need the confidence, knowledge and skills required to negotiate their starting salaries and benefits. \$tart \$mart teaches them to do just

AAUW also offers many interest groups and social opportunities, in addition to supporting education based projects. Visit the September Showcase meeting to learn about these programs and the many facets of membership: gourmet groups; bridge, travel and movie groups; book and world affairs discussion groups; golf, cycling, and tennis groups; and more.

AAUW's September Showcase, which is open to the public, will be held Sept. 15. at the Holy Trinity Serbian Cultural Center, 1700 School Street, Moraga. Coffee will be served at 9:30 a.m.; the program begins at 10 a.m. For membership information, visit the Branch website: http:// oml-ca.aauw.net.

# **Shellie Abbes Kirby**



A Realtor for Lamorinda Second Generation Orindan **Specializing in Orinda Real Estate** She knows the community. She knows the market.

Office: 925-253-6321 Cell: 925-872-4257 email: shellie @shelliekirby.com



# CAR TIME Auto Parts Not Created Equal



By JOHN VANEK

Auto repair costs have steadily climbed over the last 10 years. Most automotive consumers are looking for ways to save money on auto repairs. Automobiles are complex these days and require expert diagnosis and repair by properly trained personnel. Some consumers try to scrimp by using a facility that utilizes after-market parts. The world of auto parts is a murky one. There are so many manufacturers and cost ranges that one can easily be misled. Nowadays, most parts are made "overseas," which is code for "Made in China." Not all parts made in China are inferior but many are not as good as the original parts on the car. Not all parts are created equal, and that's why the same parts vary so much in price. Be wary of drastic differences: cheaper almost always means inferior quality. Let's take a look at some common replacement parts and what the effects of "fixing it on the cheap" can be.

**Brakes**: Brakes are one of the most common repairs and one of the common areas where corners can be cut. Brake shoes and pads are friction materials that rub against brake drums or rotors, slowing the rotation of the wheels. The friction material is usually made of a semi-metallic mixture (ground up metal mixed with other stuff) or ceramic materials. The friction materials of cheaper pads or shoes tend to contain more metal and thus are a harder composition.

In choosing drums and rotors, always buy the best products available. Cheap drums and rotors are made of sub-standard steel and, therefore, wear out prematurely, especially when they come in contact with sub-standard friction materials. The metal materials are not the same in Asia as in the U.S. and Europe. Rotor and drum warp are common when cheap parts are used. Warped rotors result in decreased braking performance, which is a safety hazard. A cheap brake job will tend to squeal, have vibration issues under braking and have premature wear.

Batteries: Cheaper batteries have less sturdy cases and inferior posts and there are fewer internal plates. Poor plate connection can cause the battery to fail when it is subjected to vibration. Some battery manufacturers use recycled lead, which doesn't last as long as real lead. Just because it looks like your old battery doesn't mean that it matches the performance level. Installing a battery that has fewer cold-cranking amps than recommended by the manufacturer is just asking for trouble.

Oil Filters: The oil filter keeps dirt out of your engine, which is an important job if you want it to last. Quality oil filters have a check valve so that the engine has oil pressure immediately upon cold startup, preventing wear. Many cheap filters lack this critical element or, even worse, don't have the fine filtering material necessary to capture the smallest particles of dirt. This is not an area to try to save a few

Alternators/Starters/Water Pumps: Alternators, starters and water pumps can be rebuilt if they fail. When done right, the end result is pretty much a brand new part, although it is sold for less. However, [See CARS page 10]

# Orindan, 67, Hikes Appalachian Trail

By HILLARY HOPPOCK Contributing Writer

On July 14, 2015, 67-year-old Orindan Richard Birss finished the Appalachian Trail (AT) after four straight months of backpacking. On that last day, he clambered over boulders for five miles on Maine's Mt. Katahdin. En route he battled black flies (aptly named the "state bird of Maine") and ticks (the dreaded purveyors of Lyme Disease) and went through four pairs of shoes. The remarkable people he met, both hikers and those gracious AT hiker helpers dubbed "trail angels," offset all those challenges.

Those last 1,800 miles of the 2,180-mile AT trek from Georgia to Maine were much easier than the first 420 miles that Birss tackled a year earlier. On April 13, 2014 in Carter County, Tennessee, two rescue workers spent three hours chain sawing the steep boulder-strewn terrain to get Birss off the trail and to the Elizabethton Hospital 15 miles away. Doctors performed emergency surgery to fix a hole in his small intestine that was leaking body fluids into his abdomen, causing intense pain. The culprit? Daily doses of Ibuprofen, which he no longer takes!

Undaunted, Birss resumed his hike in March of this year, solo this time. A fellow retired Contra Costa County probation officer, who was fortunately with Birss on the first hike, decided not to go. Birss says loneliness isn't a problem on the AT, which has decent cell phone reception, 250 shelters that accommodate six to eight and even a North Carolina barn that holds 50-100 friendly hikers. Birss met hikers from all over the U.S., Canada, Germany and France, but not many from California. At one point, Birss hiked with two sisters from Michigan but he found that despite



CONTRIBUTED PHOTO

**Richard Birss** poses at the end of the Appalachian Trail, which he finished in mid-July.

being faster than most 67-year-olds, it was sometimes hard to keep up with the younger hikers.

There are also hostels for showers and laundry in the towns along the AT, where Birss was able to retrieve the 25 pre-packed boxes of food his wife Cindy mailed him and shop for shoes. Even in Maine's 100-mile wilderness section an AT hiker can pay to have a bucket of food dropped at the 50-mile mark.

Birss averaged about 15 miles a day with a top tally of 25 miles in Virginia's 500 miles of relatively easy terrain. "We don't judge a day so much by mileage," he said. "If I spent 12 hours getting 10 miles - that was a difficult day." Despite light clothing, a lightweight pack and sleeping bag, he carried 35 pounds on his back, including 15 pounds of food and water.

His major concern wasn't wildlife, al-[See HIKER page 18]

# Orinda Motors Inc.

Times may change...but our commitment to the Orinda Community has not!







Rated the highest quality for over 10 years by Diamond Certified

Orinda Motors
Proudly Sponsors:





One-Stop Convenience - Service You Can Trust!
Visit us on-line at www.orindamotors.com 63 Orinda Way, Orinda, CA (925) 254-2012

### **BEAUTY**

### ♦ STAFF from page 1

school, I was an attorney at Orrick, Herrington & Sutcliffe, a San Francisco law firm. I then worked as a lawyer for three large financial institutions. Most recently, I headed the legal department for Visa Inc.'s Asia Pacific region."

Whittaker and his wife Carol have two children. "Carol has had her own corporate training and consulting business for 20 years and recently helped found a non-profit organization fighting child sex trafficking in India," said Whittaker. "My son Spencer will begin his senior year at Princeton University in September, and my daughter Olivia starts her freshman year at Cornell University later this month."

Whittaker says Glazer always has many demands on his time, and it's his job to ensure that the senator uses his time in the most productive way.

"To that end, I am focusing now mostly on streamlining processes and communication channels and taking matters off his desk so he can focus on solving some of the region's most vexing problems," said Whittaker, who divides his time between Sacramento and District Seven. "My job is to make sure that Senator Glazer has the support he needs to best represent the constituents of the California Senate's Seventh District. This includes making sure that our team in the Capitol helps to educate and prepare the senator on the important issues and bills that affect our district and the state at large. Of course, the Sacramento team also works closely with our colleagues in the Walnut Creek district office."

Whittaker said his new boss wants to make Sacramento more effective and responsive to the majority of Californians who do not identify with the extreme right or left of the political spectrum.

"Senator Glazer has shown how a moderate candidate can build a winning coalition of voters that include Democrats, Republicans and Independents," said Whittaker. "With such a broad base, the senator is able to independently consider pending bills and vote for what he thinks is best for

the majority of the populace. I hope that Steve's hard fought election will inspire other like-minded candidates to enter the arena, with the result that California politics -- locally and state-wide – become less political and interest group-dominated, and more focused on finding real solutions to our largest public policy problems."

Whittaker says his children are sixthgeneration Californians, and he would like to see them raise a seventh generation here. "California certainly has lots of problems, but my wife and I are committed to our state," he said. "We look forward to supporting Senator Glazer's efforts to keep California golden for many years to come."

Whittaker, who has known Glazer for more than 15 years, describes him as "generous, humble and a man of integrity."

"Steve has selflessly given countless hours over the years to help improve Orinda, and now he is going to take his energy and passion to do the same in our district and California," said Whittaker. "His decision to leave the private sector and go into public service inspired me to do the same."

In his spare time, Whittaker heads out-

"I try to spend as much time as possible outside to make up for all the days I have spent in an office over the years," he said. "Tennis, biking and hiking are all likely activities. My wife and I also like to explore new areas, and now that we are empty nesters, we should have more time to do so."

### ♦ ROMANECK from page 2

Comedy Night, the restaurant tour, Trivia Bee, etc." Romaneck is also a member of the Orinda Historical Society Museum and Friends of Joaquin Moraga Adobe.

"I met Bill Waterman while volunteering at the Orinda Action Day. He asked if I'd be interested in being on the OA board. I attended a meeting and was very impressed with the friendly group of local professionals who are so committed to the organizations they serve. I feel honored to be among them.

Sally Hogarty, Editor

### **Everyday Changes**

# 40 Plus Beauty Tips, Tools and Techniques for Women



**Bonnie Waters** 

The normal changes of aging are inevitable. With all the breakthroughs in facial treatments, skincare products, cosmetics, and hair color and cutting techniques, it is almost possible to turn back the clock on aging. You won't find overnight miracle cures in this list of tips, tools and techniques – just a lot of sound advice.

Let go of perfection and embrace your flaws while you maximize your assets.

Always wash your face before going to sleep.

Good skincare includes getting good sleep, which is when the blood flow and circulation nourishes the cells.

If you smoke, STOP! Smoking ages your skin.

Stay out of the sun and sun beds.

Wear sunscreen of SFP 40 or higher religiously on face, chest, hands and body.

Eat right. Good nutrition helps the body repair the skin.

Drink lots of water and hydrate from the inside out

Don't use hot water on your face or body. Hot water strips your skin of oil and moisture.

Work with a skincare professional to devise a daily skincare regime that you will follow.

Moisturize your body after your shower and prior to going to bed.

Ask your skincare professional for an effective rejuvenating masque to use weekly.

Exfoliate your face and body. The outer layer of skin is dead and needs to be exfoliated to see the fresher skin. Your skincare professional can help you determine the ideal frequency.

Educate yourself about the benefits of light chemical peel for improving skin tone and texture and to soften the appearance of fine lines and wrinkles.

Get rid of your mustache and sprouting chin hairs

Change drooping eyes by slightly arching the brows and extending them outward toward the temples.

See a waxing specialist.

Look closely in the mirror to ascertain your face shape and hair texture.

If you have a round or square face, you may look better with hair that is longer.

If you have a long face you will most likely look better with shorter hairstyles, i.e. shoulder length or shorter.

If you have fine, thin hair you may look better with your hair above your shoulders with a few layers cut in.

If you have thick, curly hair you may actually look better with your hair longer, because longer hair may tame the curl.

Get a hairstyle magazine and look for photographs of women who have a face shape and hair texture similar to yours. Use these looks to serve as inspiration when seeing a hair professional. Remember if you put yourself in the hands of a qualified and talented stylist, they can create a look that is perfect for you.

Be realistic about the amount of time you can devote to styling your hair. Without proper styling, a fabulous hair design will not help you look your best.

Get a color that complements your skin tone.

Don't get obsessed with what you can't

As for going totally gray, it can be dazzling.

You still have to take care of gray hair with the proper maintenance, including regular cuts, nourishing conditioners and the occasional hair mask.

If you do choose to color your hair, don't stray too far from your natural depth.

Err on the light side. Color your grey, don't cover your grey. Aim to enhance and enrich your natural color and subtly conceal grays.

Concealing dark circles with much lighter concealer never works. It will only make you look worse because it will emphasize wrinkles and bags. Use one shade lighter than your natural skin color.

Apply your concealer with a light hand, layering it thinly over your foundation and "patting" it in place with your ring finger or a beauty blender.

Toss the gloss. It will only creep up into those nasty little vertical lines above your upper lip.

Get rid of your dark lipsticks. Nothing says aging more than "bleeding lips."

Don't be one of those who think they can't get fit or stay fit, who think it's no fun or just too much work.

Exercises such as yoga, bicycling and walking help relieve stress and make us feel more youthful.

Add light weight training to your exercise regime.

Find an exercise regime you love, works with your lifestyle and one that you will stick to

Don't let your age define you! Embrace life and make the most of the body you have.

The secret to looking good at any age is to feel comfortable in your own skin and to find styles that best flatter your assets and play down your flaws.

Contact Bonnie at 925-947-1814 at Changes Salon and Day Spa.





Clinical Neuropsychologist
CA PSY 20312
925-588-3592
nicolle@drnicolleionascu.com
www.drnicolleionascu.com

Neuropsychological Testing

• Comprehensive Evaluation & Treatment

DR. NICOLLE IONASCU

- ADHD and learning disorder evaluations
- Measurement of cognitive impairment following concussion or brain injury
- Qualified Medical Examinations





30 Years as Lamorinda's #1 Broker

CLARK THOMPSON

(925) 254-8585

www.clarkthompson.com

### **SCHOOLS**

# Staffers Spruce up Schools and Skills Over Summer Break

By BILL O'BRIAN Staff Writer

While students and parents relaxed over the summer break, Orinda teachers, administrators and other staff were busy improving the schools, enhancing their skills, adding new supplies and hiring new teachers.

Michael Randall, principal of **Orinda Intermediate School** (OIS), reports that the school purchased 280 Chromebooks for use in core classes (language arts and social studies). Additionally, the mathematics department received 28 new iPads.

OIS sent two teachers to the Columbia University's Teachers College for training in how to best teach reading and writing in a workshop format. Since early August, the school has been preparing and auditioning for its fall play, *Transylmania*, to be performed Nov. 12 through 14. Last but not least, OIS is in the process of hiring one new full-time core teacher.

Kirsten Theurer, principal of Del Rey Elementary School, is excited about the positive changes and growth of her school and personnel over the summer. Facility improvements include fencing, student restroom restorations, portable classroom upgrades, new flooring in the kitchen and new paint. Teachers were also involved in professional development opportunities, including technology, science and math training, physical fitness instruction, as well as reading and writing workshop institutes in New York. Del Rey is also in the process of hiring two new teachers. "Things are getting cleaned and readied for the new school year, and we have a dynamic team ready to greet you," said Theurer.

Students at Wagner Ranch Elementary School will be the beneficiaries of the purchase of five new classroom sets of Chromebook computers, compliments of the parents' club, which has provided them better student access to the benefits of technology. Further, the parents' club is in the process of purchasing shade structures for the lower and upper grade play equipment. The plan is for these to be installed on a non-student day this fall. Also, a new class is being added this year – transitional kindergarten. A portable classroom has been erected for this class and will be ready for the first day of classes.

Joining Wagner Ranch as the new principal is Jim Manheimer, who taught for 11 years in Martinez and has served in administrative positions in San Ramon, Alameda and Lafayette. He, his wife and their children recently returned from a year and a half overseas that mainly included teaching fifth grade to Cambodian children and extensive travel in Southeast Asia and beyond. Also joining the school is Bridget Goodwin who is a resource teacher and had been at Glorietta elementary for nearly 15 years. Manheimer says, "She brings a wealth of experience and a sterling reputation to Wagner Ranch and will provide excellent service for our children with special needs."

Two changes in teaching assignments involve Maple Lai and Katja Coste. Lai is returning from maternity leave and will again be teaching grade four while Coste will move from fourth grade to kindergarten in the new portable. "We are very glad that Lai is back with us," says Manheimer. He further notes that Coste "is very excited to be working with the very young once [See SCHOOLS page 20]

### SEPTEMBER SCHOOL CALENDAR

- 2 Acalanes Union High School District board meeting, 1212 Pleasant Hill Road, Lafayette, 7:30 p.m. Also Sept. 16. Visit www.acalanes.k12.ca.us.
  - **Holden High School** Parent Potluck & Orientation, 6:30 p.m. Visit www.holdenhigh.
  - **Orinda Intermediate School** Back to School Night, 6:30 to 8:30 p.m. Visit http://ois-orinda-ca.schoolloop.com.
- 5 **Orinda Union School District** board meeting, 8 Altarinda Road, 6 p.m. Visit www. orindaschools.org.
- Miramonte High School Parents Club Meeting, 9:30 a.m. Visit www.acalanes.k12. ca.us/miramonte.
- 17 **Miramonte High School** Back to School Night, school gym, 6 p.m. Visit www.acalanes. k12.ca.us/miramonte.
- 25 Glorietta Elementary School Family Fun Night, 5:30 to 8:30 p.m. Visit http://glorinda-ca.schoolloop.com.
  - **Sleepy Hollow Elementary School** Moms Back to School Fiesta Night, 6:30 p.m. Visit http://sh-orinda-ca.schoolloop.com.
- Wagner Ranch Elementary School Roundup Festival, 11 a.m. to 3 p.m. Visit http://wr-orinda-ca.schoolloop.com.
- 28 **Del Rey Elementary School** Parents Welcome Coffee, 8 a.m. Visit http://dr-orinda-ca.schoolloop.com.

# Speak Up Be Safe Program Continues

By BILL O'BRIAN Staff Writer

Trustees of the Orinda Union School District (OUSD) voted unanimously at the August 10 school board meeting to renew the Speak Up Be Safe child abuse prevention program. Provided to the district by the Contra Costa Child Abuse Prevention Council, it teaches students how to prevent child abuse, sexual harassment and bullying.

Although the board voted unanimously, several board members expressed concern. The program had come under fire in April due to an incident where a third-grade boy talked about seeing nude pictures in his home. A subsequent investigation by the police and Child Protective Services revealed that the pictures were in an art book on the family's coffee table. Speaking

against the program, Trustee Carol Brown said, "I have issues with this particular program. . . I think there are flaws in it that need to be corrected." Trustee Sarah Butler also wanted to opt out of Speak Up Be Safe, saying, "Of course we want to protect our children, but the board should be able to pick the program."

Jenny Hawkins of Orinda, who is on the steering committee that selected Speak Up Be Safe, defended the program and noted that the Lafayette and Moraga school districts also utilize the program. She said, "Giving them a common language on those difficult subject matters is huge."

Board President Matt Moran read a letter from Contra Costa District Attorney Mark Peterson supporting the program. Peterson wrote, "I think I have the moral imperative to do everything I can do to protect [See PROGRAM page 20]



### EFO — Educational Foundation of Orinda —

wishes to thank its Business Partners for generously supporting Orinda schools during the 2014-2015 school year. Return the favor. Do business with a partner!

For more information, please visit: www.OrindaEFO.org

Leadership Circle \$2,000+ Ann Sharf, Village Associates

Sustainer \$1,500+ Orinda Optometry Group Margaret Zucker, Village Associates

Supporter \$1,000+
Mechanics Bank
The Olsen Team
Republic of Cake
Western Suppliers Association

Sponsor \$500+ Chris Anderson, Pacific Union Glenn Beaubelle, The Beaubelle Group Cheryl Hata, Alain Pinel Realtors Finola Fellner, Coldwell Banker Susan Hurrell, CPA
Law Offices of Gillin, Jacobsen, Ellis & Larsen
April Matthews, Village Associates
Patxi's Pizza
Leila Schlein, Pacific Union

In-Kind Donors
Jill Gelster/David Dierks - Aspen Consulting
Robin Bertelsen
Coldwell Banker - Orinda
Zand Gee
Lynn Goodman-Molloy
Mary & Mark Maxson
Orinda Safeway
Julia Stenzel
Deb Stephenson
The UPS Store - Orinda

### AUTHOR / PETS / SWIMMING

# Financing the American Revolution

By SALLY HOGARTY Editor

R ossmoor author Jon Foyt will do a reading from his new novel, *The Mind* of an American Revolutionary, at Orinda Books on Sept. 13 from 1 -3 p.m. His book examines the life and motivations of Robert Morris, an illegitimate immigrant from Liverpool who went on to finance the American Revolution. At times using money from his own pocket, Morris ended up in debtor's prison.

This is Foyt's 12th novel. At age 83, the active author has completed 60 marathons and holds a MBA from Stanford and completed the degree work for a masters in historic preservation at the University of



Rossmoor author Jon Foyt will read from his latest novel on Sept. 13 at Orinda Books.

Georgia. For more information on Foyt, go to www.jonfoyt.com. American Revolutionary is available at Orinda Books, Amazon.com, Barnes and Noble and for e-readers at www.smashwords.com.

### Something to How! About... Animal Tales Rapturous for Raptors

kay, I admit it. I'm crazy about the

Raptor Squad in the *Jurassic World* 

movie. I won't tell you the number of times

I've gone to see the movie but suffice it to

say that I really couldn't see a big difference

between the 3D and 2D versions no matter

My first reaction to the raptors was a

big "wow." Yes, I saw them in the three

previous Jurassic movies but in this one

their interaction with humans seemed more

real, or as real as any interaction with an

extinct species could be - raptors being

the extinct species, that is, not humans (at

The trainer in the movie uses a clicker

and, in fact, clicker training, for dogs in

particular, has a significant following. The

concept is simple. You use a thumb clicker,

like the kind many of us had as children,

to make a sound that elicits a response

how many times I saw them.

least not yet!).

Jennifer Conroy

Younger Swimmers Shine at Meadow Mini Meet

Held on July 19, the 45th Annual Mini Meet for ages 8 and under took place at Meadow Swim and Tennis Club. Orinda Country Club won the event with Meadow coming in second and Moraga

Country Club taking the third place trophy. Swimmers from the top three teams are shown above.



♦ CARS from page 7

cheap rebuilt parts frequently lack attention to the details that result in dependable performance. The companies that produce low quality rebuilds replace only what is obviously bad and leave the rest, hoping the part will outlast its short warranty.

While some consumers may balk at manufacturer recommendations to use expensive platinum sparkplugs, platinum plugs burn hotter and longer, hence they deliver maximum fuel efficiency and power. In addition, the platinum holds up longer with the high electrical voltages used in today's ignition systems. Installing a cheap

plug in a vehicle that requires a platinum plug results in poor fuel efficiency, poor performance, high tailpipe emissions and

The bottom line: You get what you pay for. As usual, I suggest using a shop that you trust and has a good reputation. They will figure what parts are the best for your car and give you a fair price. They will offer a warranty and stand behind their job. This way you spend less time price shopping and more time enjoying your family. I am always available for consultation.

John Vanek can be reached at Orinda Motors, 254-2012, or by email at john@ orindamotors.com.

Pet Sitting

Dog Walking

 Pet Taxi Home Watch/Security

Collect Mail and Newspapers

Water Plants

Insured and Bonded

925-254-3677 Office 925-368-8978 Cell animal-house@comcast.net

animal house PET & HOME CARE

Fall travel taking you away? Need help with your pets while you are vacationing?

Let me take the worry out of what to do with your home and pets while you are away.



Theater View Veterinary Clinic, owned by Dr. Laurie Langford, is excited to announce a new addition. Dr. Amelia Ausman has joined our team. Come check us out.



P: (925) 317-3187 F: (925) 334-7017 E: tvvc@theaterviewvetclinic.com W: www.theaterviewvetclinic.com

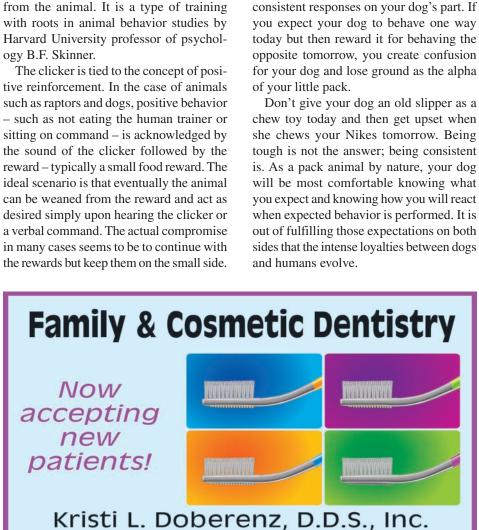
1 Bates Blvd., Suite 200 Orinda CA 94563

You'll see this at dog shows, where the handler offers tiny bits of kibble or other treats to a dog as it goes through its paces.

In Jurassic World, the raptor trainer combined clicker training with pack behavior rewards that allowed him to fill the role of the "alpha." And that – establishing the alpha – is really the key to it all. While being the alpha of a raptor pack may seem whimsical, holding that position in the companion dog world is the basis for a relationship that maintains respect, obedience and loyalty.

How does one establish that position? Fundamental training that may or may not include clicker training is the first step. Professional trainers can be located through animal shelters, humane societies and recommendations from your veterinarian. Maintaining your role as alpha requires consistent behavior on your part to ensure consistent responses on your dog's part. If you expect your dog to behave one way today but then reward it for behaving the opposite tomorrow, you create confusion for your dog and lose ground as the alpha

chew toy today and then get upset when she chews your Nikes tomorrow. Being tough is not the answer; being consistent is. As a pack animal by nature, your dog will be most comfortable knowing what you expect and knowing how you will react when expected behavior is performed. It is out of fulfilling those expectations on both sides that the intense loyalties between dogs and humans evolve.



8 Camino Encinas, STE #110, Orinda (925) 254-3725

### STUDENTS / PERFORMING ARTS

# Youngsters Ready to Roll at 10th Annual Lamorinda Idol

By KATHRYN G. MCCARTY Staff Writer

Vocalists Claire O'Connor, Lucy Berkman and Olivia Harris have something in common with Lamorinda Idol -- they are all celebrating their 10th birthday this year. The three Sleepy Hollow Elementary students will join more than 30 other young singers as the curtain rises at Orinda Theatre for the final round of competition on Sunday, Sept. 6.

Having started competing in Idol in 2012, O'Connor is a veteran to the show. O'Connor said singing in the recent Orinda Community Park Idol performance helped prepare her for the September finals. "It



CONTRIBUTED PHOTO
Claire O'Connor, who loves to entertain people, is a veteran Lamorinda Idol contestant.

taught me that you can smile and that you won't be as scared if you have stage fright." She said the reason she likes singing in Idol is because she likes "to entertain people." Berkman adds she loves "knowing I am making someone else happy by telling the story of the song and entertaining the audience." There is one more thing Berkman enjoys about singing. "Whenever you are bored at your house, you can just rock out in your room." Harris is also enthusiastic about Idol and said the experience has given her "a chance to perform more, learn new songs and meet new people." She's "learned a lot" and credits workshops from Rena Wilson of Lamorinda Theatre Academy, as well as watching other vocalists perform in helping her grow.

Like the older girls, 7-year-old Audrina Kang (Sleepy Hollow) has learned from working on Idol. "Singing makes me feel happy," explains Kang. A novice Idol performer, Kang said although singing for an audience makes her nervous, thanks to the experience she has gained through Idol, she now has "more self-confidence."

Sofia Rose, 8, (Sleepy Hollow) expects her first Idol performance "will be fun but kind of scary too." Rose said that the show and its events have "taught me you have to be brave and believe you can do it!"

Michaela Sasner, 14, a sophomore at Acalanes High School, is a veteran performer. In her fifth year with Idol, she said she has learned the value of time and hard work. "It's gratifying to hear how your voice can develop." As a high school finalist, Sasner said she enjoyed the opportunity to work with Fred Johnson, and performing at the annual Fred and Friend's Cabaret, which she called "my favorite thing about this year." The performance opportunity

### OrSVP's Pinocchio Visits Geppetto's Cafe

Meet Pinocchio and Geppetto as they visit Geppetto's Cafe, 87 Orinda Way, on Sept. 19 at 11 a.m. to sing a couple of songs from the Orinda Starlight Village Players production of *Carlo Collodi's Pinocchio* which plays weekends in September at the Orinda Community Center Park Amphitheater. For more information call 925-528-9225.



CHRISTINE KESSEL
Director Malcolm Cowler works with Pinocchio
actress Emily Joy Kessel.

was one of many events Idol singers were invited to participate in, including the Lafayette Art and Wine Festival, the Orinda Classic Car Show and in the Orinda Fourth of July Parade.

"The high school singers are super talented so I expect most of us will go in just being happy to perform and not being too concerned about winning," said Sasner. If a win is not in the stars for her, she says that "you can't let rejection affect your opinion of your self – you just have to keep working at it."

Demetri Leones, a 13-year-old student from Stanley Middle School, shares Sasner's sentiments. Leones, who is competing in her first Lamorinda Idol, calls the competition "a great experience. I have learned that no matter how hard the competition seems, if you just have fun everything will be ok."

The singers aren't the only people to learn from participation in Idol. Lamorinda Idol Chairman Steve Harwood has been involved for the last eight years, initially [See IDOL page 18]



Brian Clark, Psy.D. licensed clinical psychologist PSY 25198

ADOLESCENTS · ADULTS · FAMILIES

specializing in:
Achievement Pressure
AD/HD
Parenting Support
Anxiety
School Stress
Depression

954 Risa Road · Lafayette (925) 385-8050 www.brianclarkpsyd.com



# Come enjoy the 10th Annual Lamorinda Idol Finals at the Orinda Theatre on Sunday, September 6, 2015.



Soloists will compete in four categories by grade and groups will compete in three categories by grade.

Enjoy the entertainment and participate by voting for your favorites!



### Schedule:

Solo Grades K-2 & 3-5	11 - 12:30
Groups	1-2:30
Solo Grades 6-8	3:15-4:30
Solo Grades 9-12	5-6:15
Awards	7-7:30

### **Sponsors**

Mechanics Bank, Orinda Annual Classic Car Show, Alain Pinel Realtors, Orinda Community Foundation, The Orinda News, Lamorinda Weekly and Orinda Orthodontics.

### **ROVING REPORTER**

# Roving Reporter

What Do You Think of the Orinda Police Department's Cameras and License Plate Readers?

Charlie Jarrett



While at the Rotary-sponsored Summer Concerts-in-the-Park, Orinda residents gave their input on the Orinda Police Department's new motion-activated surveillance cameras and Automated License Plate Reader (ALPR) one-year trial program that was just set up to help reduce crime.



CHARLIE JARRETT Marilyn Cooper and her granddaughter Djuna Benson.

Marilyn Cooper: That sounds fine to me. It's certainly better than racial profiling to reduce crime. That's a good step for any community. As a new resident of the Monteverde Apartments, I'm glad to hear about it. It sounds like greater security for the community as a whole.

**Steven Trottier:** I think it's good for security, and it helps the police do their job more efficiently, and it keeps the community safe. So, I think it's a good idea.



Steven Trottier.

Further, I think there's a little deterrent factor in this program. If the bad guys have to look over their shoulders, or are trying to disguise themselves, then, it will be more difficult for them. I'm in favor of cameras for policemen anyway. We've seen what that's accomplished. So the main line is to

Good Friends: Genevieve Korklan & Mika Stricklar (two very perceptive young



Genevieve Korklan and Mika Stricklar.

ladies who offered to give their opinion after hearing the discussion with adults nearby): Mika: Well, I think it's good that they're trying to keep us safe, but I think it's ridiculous that they have to go that far to do it. **Genevieve**: I think that's a really good idea, because, like in Lafayette, the people were better protected and people won't get hurt as much or as often. Yes, it's a good idea!

Dvora Citron: I'm comfortable with it. In my neighborhood, we tend to notice if we recognize people or not, and since we do have a certain amount of crime in our community, we tend to look out for each other and communicate with each other about anything that might look suspicious. I think it is another level of safeguard. The other thing I think is important to say is that I wouldn't want people to feel a sense of exclusivity. I don't think that people who



CHARLIE JARRET

don't live in Orinda should feel as though we are trying to keep people out. It is nothing more than a crime safeguard!

Daniel DeBusschere: I've lived in Orinda since 1968, and I have spoken in support of the ALRP program several times. I haven't spoken with Chief Nagle to see if they have gotten any feedback. I understand they just got the cruiser camera



Daniel DeBusschere.

installed. There are five location cameras that have to be installed, and I just don't know the exact status at this time, whether it is fully operational or not. I am aware that the Lafayette program has been extremely successful. I'm hoping that Chief Nagle can provide similar results for the people here in Orinda. I feel that when the word gets around that Orinda has cameras and this program and that they'll get caught if they do crime in Orinda, maybe they will go and try some other place.

### Olive Festival In October

Friends of Wagner Ranch Nature Area are gearing up for the 5th Annual Olive Festival on Sunday, Oct. 4, from noon to 4:30 p.m. The event features samples of locally grown olives and olive oil, cooking demonstrations, arts, crafts and live music. The nature area, located at 350 Camino Pablo, next to Wagner Ranch Elementary School, is owned by the Orinda Union School District and features 18 acres of meadow, forest, ponds and streams, where students study everything from daily life on an historic rancho to the current ecology of the redlegged frog. For more information, visit www.fwrna.org.



### **GLOBAL NETWORK**

with us.

Worldwide partnerships enable us to create unique, tailor-made travel experiences that will exceed your expectations.

benefits when you reserve your

cruise, hotel or resort vacation



Valerie O'Connell and Colleen O'Connell

### BEST VALUE FOR YOUR TRAVEL DOLLAR

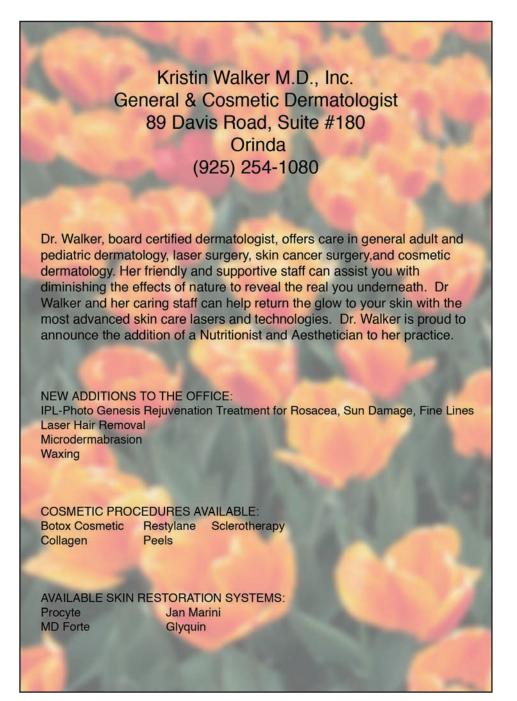
Visit our website to easily search and compare multiple options. Plus, sign up to receive our latest offers and travel tips. Our pricing is highly competitive.

### PEACE OF MIND

Leave the planning to a professional who will be there for you before, during & after your trip.

> **CRUISE ADVENTURES UNLIMITED** 1610 Locust Street, Walnut Creek, CA 94596 925-935-7447 • 800-788-0193 M-F 9 - 5:30, Saturday 10:00 - 2:00 www.cruiseadventuresunlimited.com

Family Owned & Operated



### **VISUAL ARTS**

# Library Gallery: Teachers Have Class

By ELANA O'LOSKEY Staff Writer

This month we honor 18 teachers from Lafayette, Moraga and Orinda schools who are artists by filling the Orinda Library Gallery with their work in an exhibit entitled *Teachers Have Class*. Albert Einstein says, "Creativity is intelligence having fun." Come and see what teachers who are also artists have created: paintings, ceramics, prints, botanical watercolors, collage, clay monoprints and iPhoneograpy. Meet the artists at a reception on Sunday, Sept. 13, from 2 to 4 p.m. when light refreshments will be served.

To say that these teacher/artists enjoy the dual passions of teaching and creating art would be an understatement. Pamela Stefl Toki of Oakland relates that, "When I was



Susan Dannenfelser's whimsical Acorn Woodpecker Female with Acorn Hat is a high-fired stoneware ceramic.

in New York City this summer, I ventured to the Guggenheim Museum. When inside, the people were literally hungry to view the artwork. Families, old and young were anticipating the next room and next exhibition ... the energy was palpable. I also had no idea that I could be touched by the Wassily Kandinsky exhibition and unexpectedly teared up, 'happy' tears, when I entered the room." Look for *Openings to the Journey*, Toki's 40" x 60" color-rich clay monoprint.

Tim Hancock of Lafayette says, "As an artist I am always inspired and influenced by my surrounding environment. The natural beauty of the California landscape speaks to me on a personal level, with the lighting and specifically the oak trees of Lamorinda. Within them are powerful symbols and metaphors that reflect life and creation." See two of Hancock's paintings; both are 11" x 14" oils on canvas: *Dinosaur Hill Oaks* and *Lafayette Oak*.

Is it true that teaching and creating art can feed each other in healthy ways? Carla Gelbaum says, "I have always enjoyed making art and learning about art and other artists. Teaching for me has been an opportunity

to share my enthusiasm and knowledge and to awaken creative expression in my students." View Gelbaum's 30" x 40" acrylic on canvas work, *Dreaming of My Egyptian Horse* and a 24" x 30" acrylic on board work, *Figure With Abstract Blues and Reds*.

Jo Ann Lieberman says, "I taught art to children through Lafayette Partners in Education for 15 years and now teach through the Bedford Gallery's Art-in-a-Suitcase program. Art makes me happy and settles my soul." See her *Jungle Boogie*, a 24" x 30" acrylic painting.

Kim H. Wong says, "I am a visual painter and I paint intuitively; I teach the same way that I paint. Sometimes I start with an abstract image, but often I just put a color or brush stroke or movement down, and that gets me started. Each color, stroke or movement leads me to something else. I create and build images, colors and compositions as I paint." Look for *Color Explosion*, his 36" x 48" acrylic painting and *Masquerade*, a 24" x 30" acrylic painting.

As to why printmaking as an art form holds her interest, Moose Wesler admits she loves making art. "Printmaking is a wonderful kind of language where one can translate a drawing or an idea into a visual form that has a specific look," she says. "Recently I visited the cave art in southwestern France. These remarkable pictures give us a sense of our history. That's what art is to a society: an essential record of our achievements filtered through the experiences of the artist." See Wesler's two 24" x 18" linocuts, *Bongo Man* and *Bassman*.

Hillery Paterson says, "Artworks that are installed and accessible to the community are very important reminders to our shared human spirit. It is very clear that Orinda values art." Look for three of Paterson's 25"





Carla Gelbaum used brilliant colors in her acrylic on canvas entitled Dreaming of My Egyptian Horse.

x 31" gouache on recycled paper works: *El Cielo Ofrece, La Vida es Hermosa* and *Compartir el Desayuno*.

Susan Zib of Orinda agrees. "We have three ways of recording history - the written, the oral and the visual arts. Without the arts there is no well-rounded education," she said. View three of Zib's pointillism acrylics on canvas: *Untitled I* (12" x 12"), *II and III* which are 9" x 12".

Erica Amundson says, "Art can trigger emotions that awaken in us a sense of our common human experience. An emotion may be so strong that we feel it in our bodies. This understanding can help to open us enough to act from a place of we rather than me." See *an opening*, her 16" x 16" pen and ink drawing on paper.

Linda Kam is fascinated by botanical watercolor painting, which she pursues under the guidance of Catherine Watters. Now that she is retired, she devotes more time to developing precision and careful

observation. "The botanical watercolors I have chosen to show each have their own beautiful peculiarities which I hope viewers enjoy," she said.

David Wilson says, "Making pictures is something I have always done. Art in its many forms is often the door that leads us to connect with each other. It also enables people to see the complex shades of grey that make us human." He is showing a series of acrylic on canvas paintings saturated with color: *Untitled 1-5*, varying in size from 21" x 21" to 35" x 35".

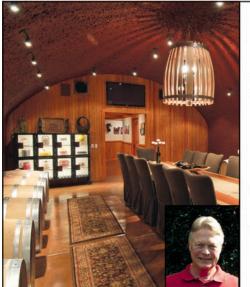
Visit the gallery at 26 Orinda Way during normal library hours – Monday through Thursday, 10 a.m. to 8 p.m.; Friday and Saturday, 10 a.m. to 6 p.m.; and Sunday, 1 p.m. to 5 p.m. The library is closed on Sept. 6 and 7 for Labor Day. Call 254-2184 for more information or visit http://ccclib.org.

See page 25 of the September issue for a list of teacher/artists at wwww.orindanews.









# Residential and Restoration Painting Services

Meticulous attention to detail 44 years of satisfied customers We also paint wine cellars!

David Collins, Orinda

925-254-6882 lic. 583003

### RESTAURANT GUIDE

# The 2015 Guide to Orinda Restaurants – Bon Appétit!

By ELANA O'LOSKEY Staff Writer

7 ondering where to eat in Orinda? Here's our annual list of hometown restaurants. Keep this section or access it at www.orindanews.org, Sept. 2015 issue. Local options include coffee/tea, healthy smoothies, breakfast, brunch, lunch, dinner, a little nosh, a glass of wine or beer, scotch, or just takeout. Happy Hour daily 3-5 pm at Table 24, 3-6 pm at Barbacoa and on Wed. Piccolo Napoli's house wine is \$3; all are at Theatre Square. Skip the mess and treat the kids. Thanks for making a hometown choice.

### **AMERICAN/CALIFORNIA CUISINE**

Casa Orinda 20 Bryant Way 254-2981

#### www.casaorinda.net

Hours: Mon. - Sat. Dining 4 pm - 10 pm; Mon. - Thurs. Bar 4 pm to 11 pm; Fri. - Sat. Bar 4 pm to 12 pm; Sun. Dining 4 pm to 9 pm; Bar 4 pm to 10 pm

The Casa is Contra Costa County's oldest continuously operating restaurant, celebrating 83 years! That's because of their prime rib, luscious fried chicken (served with homemade biscuits), mashed potatoes, and fresh fish such as calamari – classic home cooking. Inside are historical photos of rodeo dudes and cowgirls

plus antique firearms. If you've never been, stop by to sample the menu or the full bar at this local gem - a place out of time. Reservations recommended.

#### **Nation's Giant Hamburgers and Great Pies** 76 Moraga Way 254-8888

#### www.nationsrestaurants.com

Hours: Sun. – Wed. 6 am – 11 pm; Thurs. 6 am - 12 am; Fri. and Sat. 6 am - 1 am

Late at night and starving? Fast-food joints have nothing on these big, juicy burgers cooked just how you like 'em. They'll do it just as fast for takeout too. Breakfast served all day. Pies, so many, either by the slice or whole. Kids love this place and you won't break the bank.

#### Shelby's 2 Theatre Square, #152 254-9687

#### www.shelbyseatbetter.com

Hours: Mon. – Fri. Lunch 11 am – 3 pm; Dinner Tues. – Thurs. 5 – 8:30 pm; Dinner Fri. - Sat. 5 pm - 9:30 pm; Brunch Sat. - Sun. 10 am - 3 pm; Sunday dinner 5 - 8 pm

You'll always find something to tempt you on the menu or daily specials list. Popular for business breakfasts and lunches. California, European and Asian cuisine using the freshest ingredients. Try their chicken and mango

Best crab sandwich in Orinda

"The Crustacean Sensation"

"It's Delicious"



Village Pizza is a favorite lunch spot for residents of Lamorinda with its friendly atmosphere.

salad, panini, salmon, eggs benedict, breakfast burrito or vegetarian omelet. Desserts include crème brûlé, poached pear and apple tart tatin. Wine and beer. Patio seating great for people watching; also validated parking, wheelchair accessible and dog-friendly.

#### **Table 24 Neighborhood Comfort Food** 2 Theatre Square, #153 254-0124

#### www.table24orinda.com

Hours: Mon. – Fri. 11 am – 9 or 10 pm; Sat. – Sun. Brunch 11 am – 2 pm; Sat. Dinner 3 pm - 9 or 10 pm; Sun. Dinner 2 pm - 9 or 10pm; Happy Hour 3 pm – 5 pm daily

For neighborhood comfort food, this is the place. Family friendly, outdoor seating, a fire-pit and benches to enjoy dinner or drinks from their full bar. The food – custom built burgers from in-house chuck and short ribs, tacos, baby back ribs, in-house French fries, fresh Maine lobster rolls - just a few choices from their wood burning oven. Kids' Menu for ages 9 and under. Validated parking, wheelchair accessible, dog friendly.

### **BURMESE** The Refined Palate 19 Orinda Way, Suite F

#### 566-4877 www.refinedpalateorinda.com

Hours: Lunch Mon. – Saturday 11:30 am – 3 pm; Dinner 5 pm – 8:30 pm; closed Sunday

Co-owners Theodore Wang of Orinda and renouned Burmese chef William Lue opened this popular lunch and dinner spot. Try something different like the green tea leaf salad, which gets rave reviews. Other faves are the ginger salad, seafood chowder, lamb masala, coconut-chicken noodle soup and yam tapioca (dairy free). Portions are generous; exotic sambals available by request; no MSG. Chef Lue is a master of Burmese cuisine and has sourced his produce and fresh herbs from local growers.

### **CAFES**

### Caffe Teatro

# 26 Orinda Way (under the Orinda Library)

Hours: Mon. – Thurs. 6:30 am – 6 pm; Fri. 6:30 am - 5 pm; Sat. 8 am - 5 pm; Sun. 8 am

Inviting spot under the Orinda Library with outdoor tables/umbrellas to enjoy public art sculptures. Sip a chai tea latte, or some Illy coffee made to order with daily fresh pastries from San Francisco. Try a generously sized breakfast or lunch sandwich, a salad, snacks or gelato. Thirst quenching Italian sodas. Kid friendly.

### Geppetto's Caffe 87 Orinda Way 253-9894

Hours: Mon. - Fri. 6:30 am - 5 pm; Sat. 7 am – 3 pm; closed Sunday

Speedy drink service in the morning along with fresh pastries/bagels or a breakfast burrito. Locals often crowd the place at lunch for a reason. The umbrellas outside offer a respite so you can enjoy delicious sandwiches such as chicken curry on sunflower wheat, turkey club on ciabatta, veggie or chicken pesto and brie. Great soups (mushroom, Italian vegetable) or salads like Chinese chicken, spinach or taco keep people coming back. Try some gelato for dessert. Good bread selection for sandwiches. Order by phone at lunch for quick service.

#### Peet's Coffee and Tea 63 Moraga Way 258-9328

### www.peets.com

Hours: Mon. – Fri. 5:30 am – 8 pm; Sat. and Sun. 6 am - 8 pm

Exceptional beans freshly roasted and served up by expert baristas. Extensive variety of teas and tasty pastries. Try the ethereal jasmine downy pearls tea. Open access Wi Fi; extra [See CAFE page 15]



BROILER • HOF BRAU • DELI

... San Francisco Chronicle

64 Moraga Way • Orinda (Close to Orinda Theater) • 254-7202

Delicious!!"

# **DINNER SPECIAL**

### **SOUP AND PASTA** OF THE DAY

Served with garlic bread

\$ 10.25<sub>+Tax</sub>

Dinner start serving at 5:00pm

Dine-In Only For limited time No valid with other offer Valid from Monday to Thursday



Previews Property Specialist International President's Premier

# Maureen Wilbur

Coldwell Banker Orinda

- Top Producing
- Caring
- Solution Oriented
- Experienced
- Problem Solver

### Coldwell Banker

Orinda, CA 94563 925-253-6311 VM www.MaureenWilbur.com DRE# 01268536

COLDWELL BANKER B

### RESTAURANT GUIDE

### ♦ CAFE from page 14

roomy seating inside with benches outside.

#### Starbucks

2 Theatre Square, #106 258-0476

#### www.starbucks.com

Hours: Mon. – Sun. 5:30 am - 7 pm

What could be more convenient than this location - you know what's there. Coffee in every shape and form, fine teas, seasonal specials and tempting pastries. Also healthy snacks. Specials change often. Free Wi Fi.

# One Camino Sobrante, #9

### www.starbucks.com

253-0447

Hours: Mon. – Fri. 4:30 am – 7 pm; Sat. 5:30 am - 7 pm; Sun. 5:30 am - 7 pm

Friendly baristas who remember your name and order; outdoor seating. Coffee in every shape and form, fine teas, seasonal specials and tempting pastries. Also healthy snacks. Specials change often. Free Wi Fi.

#### Village Inn Cafe 204 Village Square 254-6080

#### www.orindacoffeeshop.com

Hours: Mon. – Fri. Breakfast 5:30 am – 11:25 am; Lunch to 3 pm; Sat. Breakfast 6:30 am – 11: 25 am; Lunch to 3 pm; Sun. breakfast menu only 7:30 am - 2 pm

This family friendly, no frills diner-style spot is just right for sitting down with friends over fresh hot coffee and some Belgian waffles or eggs. For lunch, sit at the counter and enjoy an avocado-turkey-bacon club; add a big basket of fries for 50¢ more, or try the house-made soup. People love their corned beef hash because it's always made from scratch (half orders available). Selection of coloring books for kids. Generous portions. Local since 1986.

### **CHINESE**

#### **Szechwan Restaurant Chinese Cuisine** 79 Orinda Way 254-2020

### www.szechwanorinda.com

Hours: Tues. – Sat. 11:15 am – 3 pm Lunch; Tues. - Thurs. 4 pm - 9:30 pm Dinner, except Fri. – Sat. till 9:45 pm; Sun. 3:30 – 9:15 pm; Closed Monday

Bright décor with a view of the golf course across the street, comfy booths. Return visits for their outstanding hot and sour soup. Recommended: Singapore noodles, mu shu, Mongolian beef, curries, Kung Pao prawns, lunch specials and Szechwan dishes. Brown rice is available. Eat in or order in advance (see online menus); 10 percent discount (excluding lunch) on takeout orders; all orders can be customized on request if you want it no MSG or like it spicy, tell them. Beer and wine.

Yan's Restaurant Mandarin and Sezchuan Cuisine

One Orinda Way, #1 253-9852

#### http://yansrestaurant.com/wp

Hours: Sun.-Mon.-Wed.-Thurs. Lunch 11:30 am - 3 pm; Dinner 4:30 pm - 9:00 pm; closed Tuesday; Fri. - Sat. Lunch 11:30 am – 3:00 pm; Dinner 4:30 pm – 9:30 pm

This family-owned restaurant does a big takeout business (10 percent discount). Extensive menu including lunch specials, appetizers, salt and pepper calamari with jalapenos, soups and Kung Pao prawns, brown rice on request. Locals like Mongolian beef or lamb, hot and spicy tofu, mu shu dishes, chow meins, Hong Kong style pan fried noodles, sizzling platters, and egg foo young. All are cooked without MSG, at the level of spiciness you prefer and prepared dry wok at your request.

#### **DESSERTS** Loard's Ice Cream and Candy 230 Brookwood Road 254-3434

#### www.loards.com

Hours: Sun. – Thurs. 11 am – 9 pm; Fri. – Sat.

This all-time Orinda favorite is the perfect place to stop before a game, after a movie, or anytime you are in the mood for a generous scoop. Choose waffle or sugar cones or order an ice cream birthday cake. Sample the butter brickle, chocolate showers, macapuno (young coconut) or ube (purple yam, taro root, coco-



Customers at Europa have lots of delicious sandwiches and entrees available.

nut) ice cream. Sorbets include strawberry and lemon. Try one of the other 40+ flavors including old standbys like cookies and cream, pecan praline or chocolate mint chip. Sundae special of the week such as caramel toffee crunch or cookie monster milkshake. Catering available.

### 21 Orinda Way, Suite G

Hours: Mon. - Sat. 11:30 am - 5:30 pm; closed Sunday

Power up with a tasty, healthy smoothie (22 choices) - or maybe it's time for some ice cream, a milkshake (generous amount of ice cream) or FroYo. Order to go or have a seat in a sunny spot; either way, your smoothie is made to order. Kids love the quick service and table and chairs sized just for them. Try the Italian ices: mango, cherry, sour apple, lemon, strawberry lemonade or blue raspberry flavors. Loyalty card, ample parking.

#### Republic of Cake 2 Theatre Square, #151 Orinda, CA 94563 254-3900

#### http://republicofcake.com

Hours: Mon. - Thur. 10 am - 6 pm\*; Fri. and Sat. 10 am - 7 pm\*; Sun.11 am - 5 pm\*

\* Or until the display case is sold out.

Simply delicious! They use the finest local ingredients such as fresh produce and locally milled flour to keep a low carbon footprint. Basic and seasonal cupcakes including wheat free options; flavors change monthly.

#### **DELICATESSENS** Europa Hof Brau Deli & Pub 64 Moraga Way 254-7202

#### www.europahofbrau.com

Hours: Mon. – Sat. 10 am – 9 pm; Sun. 10

A spacious cafeteria style family restaurant with a play area, slide and video games for the kids, flat screens for adults. This popular spot is known for delicious corned beef and mash with cabbage, meats carved and sandwiches created right before your eyes. You can also grab a stool or your favorite table to catch a game and have a beer on tap. Small play area available.

**HAWAIIAN** Lava Pit Hawaiian Grill 2 Theatre Square, #142 253-1338 www.lavapit.com

Hours: Sun. – Thurs. 12 – 8:30 pm; Fri. & Sat. 12 pm - 8 pm

Lots of Aloha, especially in the aroma of BBQ that floats out to meet you. Many votes for Katsu Loco Moco but also lunch specials and BBQ mixed grill plate. Yelpers like the fried shrimp and mini bowls, \$5.50 for chicken, steak or pork with steamed veggies and rice; brown rice available. Outdoor seating. They also deliver and cater; check in on Yelp and show entry to server for promotions.

### **ITALIAN**

La Piazza 15 Moraga Way

#### 253-9191 www.lapiazzaorinda.com

Hours: Sun. – Thurs. 5 pm – 9:30 pm; Fri. – Sat. 5 pm - 10 pm

Good food combines with a friendly staff and a cozy atmosphere, often busy during dinner hours as it is across from the theater. Try their brick-oven pizzas, freshly made salads, carpaccio, pastas, soups (vegetable, cream of artichoke, squash), and the basket of fresh bread at your table. Sit at the bar and watch them make your BBQ shrimp, spinach calzone, gnocchi, or linguine a la vongole. Tiramisu for dessert, a must try; kids love the pizza. Beer and wine.

#### Piccolo Napoli 2 Theatre Square, #144 253-1225

### www.piccolo-napoli.com (check for specials

Hours: Wed. - Sun. Lunch 11:30 am - 4 pm; Dinner daily 4 – 9 pm except Fri. - Sat.,

Traditional thin-crust pizza to gluten free [SEE ITALIAN page 16]



laura@lauraabrams.com www.lauraabrams.com 510-697-3225 CALBRE#01272382

International Presidents Elite 2015 Top 100 Coldwell Banker Bay Area 2015 Top 100 Coldwell Banker Northern California 2015

Exquisite Presentation

The kids are back in school! Realtors are back from their vacations! The fall market is still very strong with low inventory and motivated buyers!

Please call for a market update. "Support the Beagle Freedom Project".



Kurt & Kathy Bellows Your Hosts *Since 1986* 

Proudly serving Orinda for 29 years!



204 Village Square Orinda

254-6080

On Orinda Way Near McCaulou's

Fresh food. Clean restaurant. Good service.

orindacoffeeshop.com Menu, Directions, & More

INN CAFE

Monday - Friday 5:30 a.m. - 3:00 p.m. Breakfast Until 11:25

Saturday 6:30 a.m. - 3:00 p.m. Breakfast Until 11:25

Sunday 7:30 a.m. - 2:00 p.m. Breakfast Only All Day

SFO \$75 (plus bridge toll), **OAK \$55** 

**Special Summer Prices!** 

TAXI BLEU

925-849-2222

www.mytaxibleu.com mytaxibleu@gmail.com

Bring this ad for the special price.



All Airports Served 24/7

### **RESTAURANT GUIDE**

### ♦ ITALIAN from page 15

vegetarian choices and combos like prosciutto di Parma, sweet basil, and truffle oil. Local favorites include the gluten free meatball appetizer, prosciutto, pear and gorgonzola pizza and salty caramel gelato. Try their Genoa sandwich, house-made soups, pastas, salads, gelato, beer, wine (\$3 wine on Wed.) and cappuccino. Home delivery in Orinda till 8 pm. Bring in your used wine corks and contribute to their green sound-proofing project, Put a Cork In It.

Village Pizza 19 Orinda Way 254-1200

# www.villagepizzaorinda.com (check for online coupons)

Hours: Mon. – Thurs. Lunch 11 am -2:30 pm, Dinner 5 pm -9 pm; Sat. 11 am -10 pm; Sun. Dinner 5 pm -9 pm

Family atmosphere in this casual spot, comfortable for everyone. Garlic chicken pizza, vegetarian pizza, mini pizza for lunch dripping in cheese, served with a salad. Menu includes steak sandwiches and burgers (cooked on a grill), white bean soup and more. Wine, beer; best news yet – they deliver.

#### Zamboni's Pizza One Camino Sobrante, # 4 254-2800

Hours: Open Mon. - Thurs. 11 am – 9:30 pm; Fri. – Sat. 11 am – 10 pm; Sun. 11 am – 9 pm

Want pizza where everything is made fresh daily, nothing is frozen or microwaved, and the cheese has no fillers or additives? This is the place; also pizza by the slice. You can eat in, take out, or they deliver. Yelper says, "Made to order pizza is great." Wine, beer, soft drinks.



presenting

- Regular & Chicago style pizza
- $\bullet \ Fresh, high \ quality \ ingredients$
- Gourmet specialities
- Pizza by the slice at lunch
- Salads
- Fast, free, on time delivery for lunch, dinner, parties and special events

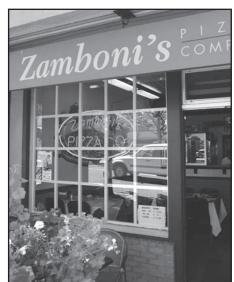
1 Camino Sobrante, Suite 4 254-2800

Open 7 days 11-10 p.m. Monday - Saturday 11-9 p.m. Sunday

### JAPANESE Hanazen Japanese Sushi 87 Orinda Way 254-3611

Hours: Mon. - Thurs. 5:30 pm - 9 pm Fri. 5:30 pm - 9:30 pm; Sat. 5:30 - 9 pm - Closed Sunday

An intimate restaurant with traditional dishes and a great sushi bar. Yelpers say, "The freshest, best sushi in the East Bay." Chef Kenji Horikawa prepares every dish while his wife Coco (who holds a sake sommelier license) serves the guests. Instead of a fixed menu, there are daily and seasonal specials. Kenji's sushi rice is "flavorful and tender." Takeout available. Only 18 seats in the restaurant so reservations are a must. Fantastic sake selection.



SALLY HOGARTY

Zamboni's makes its pizzas fresh daily.

Niwa Restaurant One Camino Sobrante 254-1606

Closed for remodeling

Serika Restaurant 2 Theatre Square, #118 254-7088

Hours: Lunch Mon. – Fri. 11:30 am – 2 pm; Dinner Mon. – Sat. 5 - 9 pm; closed Sunday

If you want really fresh sushi in a charming, relaxing spot tucked away from the street, this is your place. Yelpers like the miso, tuna sashimi, aegedashi tofu and lunch specials. Children are always welcome and you will find plenty of kid-friendly food. Beer, wine and sake, with Kirin on tap.

Sushi Island (formerly Yu Sushi) 19 Moraga Way 253-8399

www.sushiislandorinda.com

Hours: Lunch Mon. – Sat. 11:30 am – 3 pm; Dinner Mon. – Thurs. 5 pm – 9:30 pm; Dinner Fri. – Sat. 5 pm - 10 pm; Closed Sunday

Yelpers praise the high quality fish. Known

for its extensive menu including seaweed salad, chirashi, spicy California roll and spicy tuna roll, miso soup, tempura, and Orinda roll. Bento lunch box specials \$8.50; a la carte sashimi; kids menu. Order take out online. Beer, wine and sake.

# MEDITERRANEAN Petra Café 2 Theatre Square, #105 254-5290

Hours: Mon. – Thurs. 11 am – 9 pm; Fri. and Sat. 11 am – 9:30 pm; Sun. 11 am – 8 pm

Petra gets top marks from its online fans and makes the most of its tiny interior and outside tables – a takeout favorite. Regulars swear by the chicken or lamb gyro with tzatziki sauce and warm fluffy pita. Check out their grilled salmon on Greek salad. Vegetarian options such as roasted vegetables, falafel, dolmas, hummus. Baklava with ground pistachios on top. Greek beer and wine, retsina.

#### <u>EXICAN</u> urbacoa Mevican Comi

Barbacoa Mexican Comfort Food 2 Theatre Square, #130 254-1183

www.barbacoaorinda.com

Hours: Sun. - Thurs. 11 am - 9 pm; Fri. - Sat. 11 am - 10 pm; Happy Hour 3 - 6 pm

Orinda's first wood-fired Mexican grill. The house-made chips and salsa, enchiladas, burritos and nachos are made with the best fresh local ingredients available. Locals recommend any of the fajitas, tortilla soup, gluten free menu options, or steak. Full bar with great seating to watch one of three flat screens. Indoor and outdoor seating with large fire pits for cool nights; dog friendly. Validated and valet parking.

La Cocina Mexicana 23 Orinda Way 258-9987

www.lacocinaorinda.com

Bring on the chips! This family-friendly restaurant has a large menu and a special kids menu. Customers return for taco salad with grilled chicken. Try their chicken burrito, chicken enchiladas verdes, vegetarian burrito, sinaoa (burrito or bowl) or mole sauce. Dine in or use their takeout menu. Full bar, margaritas on the rocks or blended, beer and wine. online specials.

Maya Mexican Grill 74 Moraga Way 258-9049

Hours: Mon. – Sat. 11 am – 8 pm; Closed

Maya offers many traditional Mexican dishes based on family recipes – busy at lunchtime. People come back for: Shrimp burrito, crispy tacos (shrimp, chicken), fish tacos, tacos Maya (grilled steak). Smoking good hot sauce; salsa bar. Takeout available, as is beer and soft drinks.

MIDDLE EASTERN
Turquoise Mediterranean Grill



SALLY HOGARTY

**Baan Thai** features delicious food and a soothing atmosphere.

### 70 Moraga Way 253-2004

www.turqgrill.com (check online for coupons)

Hours: Mon. – Fri. 11 am – 7 pm; Closed Sat. - Sun.

This Middle Eastern restaurant offers generous kabob plates with rice and salad, falafel sandwiches and chocolate baklava. Return visits for grilled chicken wrap; many vegetarian items. Kids menu. Popular for takeout, order by phone; near BART. Voted one of 101 Best Bites in *Diablo Magazine*.

THAI Baan Thai 99 Orinda Way 253-0989

### www.baanthaiorinda.com

 $Hours: \ Open \ 7 \ days: Lunch - 11:30 \ am - 3$  pm; Dinner Sun. - Thurs. 4:30 - 9:30 pm; Fri. and Sat. until 10 pm

Tucked across from the Orinda golf course. Gracious surroundings and service. Unique Thai brown rice (almost purple) – nutty and tasty. Return visits for: Thai crunch salad, papaya salad, grilled eggplant with chicken. Great tom kha gai (chicken soup with coconut milk and lemongrass). Lunch specials like mango curry with choice of tofu, chicken, prawns, scallops or calamari. Extensive vegetarian menu. Takeout popular and available, as is wine and beer.

Siam Orchid 23 Orinda Way No. F 253-1975

Baan Thai RESTAURANT Eat Healthy, Live Healthy

ORGANIC SALADS MADE FRESH DAILY.

Many Vegetarian Options.

We cook from family recipes.

Food to Go, Catering & Gift Certificates are available

### www.siamorchidorinda.com

Hours: Lunch Mon. – Fri. 11 am – 2 pm; Open for Dinner Daily 4:30-9 pm

A white tablecloth experience with a roomy full bar and good cocktails. Return visits for: Chiang Mai chicken soup, panang beef, chicken satay with peanut sauce and cuke salad, Orchid fried rice with tofu, Singapore noodles, green curry with chicken, and many noodle dishes. The pumpkin curry and special ginger salad remain popular dishes. Lunch is served with egg roll, ginger salad and steamed rice. Takeout available.



"For your next special occasion try our Party Platters and our Chicken Pomegranate!"

Free Delivery to Lamorinda (within 10 miles, with \$300 min. order)

(510) 540-7773 www.cafelamed.com

2936 College Ave. at Ashby .



Berkeley . CA 94705

Open for Lunch:

Mon. - Sun. 11:30 a.m. to 3:00 p.m.

Dinner: Sun. - Thurs. 4:30 - 9:30 p.m.

Fri. - Sat.: 4:30 - 10:00 p.m.

99 Orinda Way, Orinda

(925) 253-0989



### **STUDENTS**

# Scouts' Myriad Projects Enhance Wagner Ranch Nature Area

By KATHARINE BARRETT Contributing Writer

For 30 years, local youth have donated their talents and resources to enrich the environment and outdoor programs at the Wagner Ranch Nature Area. The projects have ranged from improving wildlife habitat for monarch butterflies, native bees, bats, owls, bluebirds and wood ducks, to providing wheelchair-accessible trails, a camp fire circle, picnic tables, signs and kiosks, raised garden beds, an educational video, a rain barrel catchment and a beautiful tile bench of children's art to welcome

visitors. More than 50 projects enrich the garden, meadow, oak woodland, olive grove, pond and streams throughout the 18-acre nature area.

Eagle Scouts and Girl Scouts who have recently completed their projects will be honored at the Orinda Olive Festival in the nature area on Oct. 4 from 11:30 a.m. to 4 p.m. Families will enjoy lunch in the olive grove on the beautiful redwood tables constructed by Takuma Okamoto. Visitors of all ages will follow the signs and trails leading to the historic ruins of the blacksmith shop. Children will paint ceramic tiles with nature themes. After

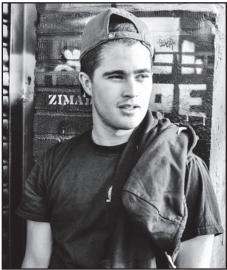


By ELANA O'LOSKEY Staff Writer

Logic, Eminem, ASAP, Rocky, Vic Mensa, Kanye West, Ray Charles – any of those names sound familiar? They are the musical influences of Miramonte grad Elijah Stavena who began his studies at the prestigious Berklee College of Music in Boston last month. In his somewhat circuitous path to Boston, Stavena first traveled from Orinda to Santa Monica, then to New York University (NYU), ALMA in Lafayette, Oakland, San Francisco and finally Boston.

"I'm a late bloomer when it comes to creating and writing music," says Stavena. "A lot of people who apply to Berklee started at three years old. It was when my parents decided to divorce that I began to write poetry as a way to vent and be real with myself. It turned out to be a way to explore all kinds of ideas that were circling in my life; the writing evolved and became more rhythmical. When I heard Eminem how he expressed his emotions, how visual his lyrics were - it inspired me to take my poetry further."

In his freshman year at Miramonte,



CONTRIBUTED PHOTO Elijah Stavena already has an impressive music

Stavena set a goal to work on a song every morning. He sought various in-home recording studios in the Bay Area and began recording his lyrics. Shortly after he sang "Life's About Your Individuality" for his mom, he made it into a music video. His mom kept asking, "When are you going to show it to people?" Without telling him, she sent it to the principal at Miramonte, who posted it on the school website. Stavena and his family produced the film Everything is Temporary; they decided to use the song in the film. Next, he went to a week-long song writing and stage performance workshop in Santa Monica. Then, he interned at the California Music Channel where he

learned a lot. From there, he applied for and attended the innovative month-long Clive Davis program at NYU. Visiting the best studios in NYC where Jay Z, Kanye West and Beyoncé record, and learning to collaborate with the other students in his group, stretched his experience and knowledge base; he was hungry for more. He is grateful to Dane, Benzi, Charlotte and Sam for sharing their talents and making every minute at NYU count.

When applying to NYU's music program failed - something he didn't expect - Stavena needed a plan B. His college counselor helped him analyze what happened and move forward. He applied to Berklee, which is actually harder to get into. Before his Berklee interview and audition, he and Zoey Winter did a benefit performance for Hospice of the East Bay. By now, he was working with 25th Street Recording in Oakland. He also worked with Tia and Christian to create his first performance in his stage persona, "Kahleo," at the annual Performance for Progress event at Miramonte. The name Kahleo reflects his Hawaiian roots and means "the voice." "It was the best performance I'd ever done; I loved collaborating with them," said Stavena (see the video at www.youtube.com/ watch?v=NsRJEQfLOZs). To keep up with Stavena, go to www.kahleospeaks.com where you can link to Soundcloud. As only the third rapper ever accepted at Berklee, he is determined to "learn how to work with musicians, producers, songwriters and singers to work in as many projects as possible." Seems like a bright future ahead for this Miramonte grad who is determined to follow his musical dream.



# Authentic Cuisine of Thailand

- Family Owned
- 3 Generations of Thai cooking experience
- All sauces made fresh
- Full Bar

Lunch: Mon.-Fri. 11-2 Dinner: Mon.-Sun. 4:30-9:00

23 F Orinda Way, Orinda (925) 253-1975



Sasha Gordon (L) and Claire McCullough drill post holes to install historic marker signs for their Girl Scout Silver Award

they are fired, the tiles will be mounted next to the 200 hundred existing tiles on Clayton Chan's decorative bench near the entrance.

Several new projects are underway and some may be completed in time for the Olive Festival. Girl Scout Taryn Lausch, a Miramonte High junior and board member of the Friends of the Wagner Ranch Nature Area, is researching and constructing a replica Miwok house. Three Eagle Scouts are



BILL HUDSON

**Boy Scouts from Troop 303** installed a large display kiosk near the entrance to the nature area.

working on the following projects: Connor Stewart is building bat boxes; Ryan Riahi is building gates for the pond enclosure and garden; and Aidan Young is working on a memorial bench and sign honoring Eve Gentry, a supporter of nature area programs. Projects are approved by the school district's facilities and maintenance director, and receive a small amount of funding from the Friends of the Wagner Ranch Nature Area (www.fwrna.org).

#### Local Water Polo Players Excel

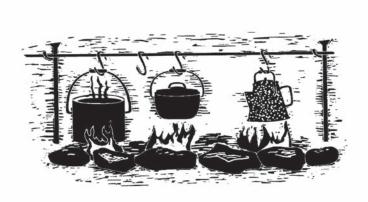
Many Lamorinda athletes competed in the Water Polo Junior Olympics July 30 - Aug. 2 in Irvine, CA. Miramonte students Grace Tehaney and Carson Broad finished fourth out of 96 teams playing for the 16U club team the 680 Drivers. The two are now focusing their efforts playing for Miramonte's varsity water polo team.

Lamorinda Water Polo, a year-round USA Water Polo club, fielded teams in four age groups for the competition .The 12U earned a silver medal with the 14U and 16U teams winning silver and the 18U came in 18th.



CONTRIBUTED PHOTO

Coach Savannah Smith with her 12U team.



# CASA ORINDA

RESTAURANT

Dinner served nightly from 4 p.m.

925.254.2981 • 20 Bryant Way • Orinda, CA 94563

### California Independent Film Festival Sept. 10-16

The California Independent Film ■ Festival returns with a wide variety of films that celebrate diversity, human rights and freedom of

The 18th annual event will be held at three venues: The Orinda Theatre, The Rheem Theatre and the Castro Theatre in San Francisco. It all begins on Sept. 10 at 6:30 p.m. at the Rheem Theatre where Tab Hunter Confidential will be shown. A series of short films subtitled "They Work

Hard for the Money" begins at the Rheem on Sept. 11 at 1 p.m. with another series of shorts "Death Becomes Us" at the Orinda Theatre on Sept. 11 also at 1 p.m. At 7 p.m., the Orinda Theatre will screen the action feature Huong Ga with the Rheem screening the imaginative children's film Paper Planes at 7 p.m.

For a complete listing of films, go to www.caiff.com.

- Sally Hogarty, Editor

Shelby Lyon (L), Crystal the Capuchin Monkey and Peyton Meyer in a scene from Gibby showing on Sept. 13 at 7 p.m. at the Orinda Theatre.

THE REEL LESS TRAVELED

SHORT, BUT SWEET, CHOICE OF

### ♦ HIKER from page 7

though he did encounter two uninterested bears, three moose and eight snakes – just the black and garter variety, not the feared poisonous copperhead of the south or rattlesnake in Pennsylvania. He carried antibiotics to be taken within 72 hours of a tick bite, which doesn't always leave the telltale bull's eye or amoeba type rash before the debilitating joint aches of Lyme set in.

It was those miles of boulders in northern New Hampshire and southern Maine, unstable slippery rocks in 18-inch high Maine streams and the frozen roots in Georgia that were Birss' greatest concern. He slipped

and fell many times but somehow managed soft landings. In steep inclines, he grabbed onto trees and in the boulder fields he crawled over, under and through rock tunnels to follow the AT white "blazes" painted on trees and rocks. He earned the trail name "Dusty" for dragging his poles and stirring up the dirt on the Pacific Crest Trail, which Richard describes as a 2,660mile trail with switchbacks designed for mules to navigate.

The best part of his trip wasn't the gorgeous rock formation in Dragon Tooth, VA, or the sudden view that emerged at a clearing in the forest. It was the amazing people he met, like the trail angels who fix scrambled eggs, sausage and bacon for hikers or the Ohio family camping near the trail who gave out candy and drinks. When Birss and his friend were hitchhiking in North Carolina, a woman stopped her car and yelled across the road, "Boys, I think you want to go the other way," then drove 15 miles out of her way to get them back on the trail. Or the time in North Carolina when a man and his son took Birss five miles past their fishing spot to make sure he got to town to buy desperately needed

Birss has been backpacking for 50 years and plans to get back on the trail but probably on trips of 500 miles or less. For now, however, he's content to rest on his laurels and reflect on his rocky memories of his trek along the Appalachian Trail.

SEPTEMBER MOVIES The International Film Showcase of-I fers a curious little film from Italy called Class Enemy (Razredni Sovraznic). To many, remembrance of their time in school (especially high school) is fraught with tales of abuse, peer pressure and, sometimes, memorable teachers. All of this is applicable in this film when a beloved teacher is replaced with someone who takes an entirely different approach to the job.

In many ways, the film expounds on themes introduced in the 1969 film The Prime of Miss Jean Brody and the chilly blue atmosphere makes for an engaging, thought-provoking experience. To find out more, go to http://internationalshowcase. org. It will screen at the Orinda Theatre for a week starting on Sept. 4 at 7 p.m.

When tragedy strikes, many of the students

and faculty start to look at this newcomer

Then on Sept. 16, the Moraga Movers present My Man Godfrey. The Depression

was in full swing when this film came out and, though it's widely regarded as a screwball comedy, there can be no denying that the economic troubles America was going through are always there, just behind the laughter. In a reverse Pygmalion story, a wealthy albeit scattered socialite (Carol Lombard) "adopts" a vagrant on the skids (William Powell) and turns him into the family butler. To say romantic high-jinx ensue would be simplifying this masterpiece but, as it usually is with films like this, getting there is half the fun. It will show at the Rheem on Sept. 16 at 2 p.m.

Tom Westlake

Ashamed as I am to admit it, that's all I have for you this month. I reiterate my urging to keep the California Independent Film Festival in the forefront of your mind and check the websites for there are always last-minute additions, and I wouldn't want you to miss out on anything. Until next month, remember to stay in the dark for that's where the reel magic lies.

Medicine Shoppe **4** 

100% Pure Pharmacy<sup>SM</sup>

Old fashioned, personal service with all the latest in pharmaceutical products.



Alan Wong, R.Ph. Next to Hollyhock and McCaulou's 282 Orinda Village Sq. • 254-1211 www.medicineshoppe.com

### ♦ IDOL from page 11

with suspicion.

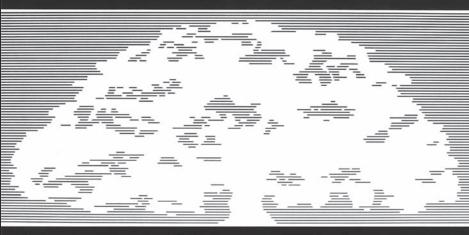
as an audition judge, and subsequently as chairman, and has seen the group evolve. "Over time we've expanded the number of performances and range of activities in the program," he said. Reflecting on the lessons to be learned from the past decade of activity, Harwood is particularly proud of the organization's growth, "especially in the areas of creativity and the power of volunteerism." Harwood said the Idol committee has 30 very active volunteers as well as support from each of the parents, Orinda Rotary, the Acalanes Chapter of the National Charity League and Boy Scout Troup 303.

"For the next decade, it is my hope that we can keep Lamorinda Idol rolling along, continuing to find ways to give our young people an avenue for their passion," said Harwood.

Lamorinda Idol will be held at the Orinda Theatre on Sunday, Sept. 6. Emcees for the event are ABC7 News reporters Laura Anthony and Amy Hollyfield. Thirtythree soloists and 12 groups will compete in categories by grade, judged by professional artists Deborah Eubanks (vocal coach), Aart de Geus (founder of Synopsys) and Amikaeyla (performing

For details, including performance schedule, visit www.lamorindaarts.org





COMPLETE TREE CARE

Proudly serving the East Bay since 1965! Fully Insured ❖ Certified Arborists ❖ License #655977

(925) 254-7233 \* www.treesculpture.com



~ Expertise

~ Service

~ Insight

~ Integrity

**Experience Extraordinary** 

Call us today for a complimentary Market Evaluation & Home Enhancement Plan

Virginia Varni-Ratto (925) 998-9501

**Paul Ratto** (925) 899-9536

vvarni@pacunion.com pratto@pacunion.com www.rattoandratto.com • www.fixup2sell.com

CHRISTIE'S



just ask our clients

### PERFORMING ARTS

# Starlight Players Present *Carlo Collodi's Pinocchio* in the Park

By DAVID DIERKS
Assistant Editor

September sees the Orinda Starlight Village Players (OrSVP) open their third show of the season, Carlo Collodi's Pinocchio. Directed and adapted by Malcolm Cowler, a long-time member of OrSVP, Carlo Collodi's Pinocchio is the fourth show Cowler has directed at OrSVP and his third original script for the group. "It's based closely on the original story by Carlo Collodi," said Cowler. "I made some changes to make it less dark in places, so it will appeal to both children and adults. Much-loved characters that appear in the show include Pinocchio, Geppetto, the Cricket, the Blue Fairy, the Fox and Cat, Candlewick and the Puppets."

Cowler is known for his use of video projections during his productions and

Carlo Collodi's Pinocchio is no different. Cowler turned his experience as an engineering software developer into "creating a total 3D video environment for Pinocchio's journeys. Much like in a video RPG game, Pinocchio travels around his environment, visiting places such as Geppetto's house, the puppet theater, the circus and, of course, the Land of Boobies (renamed Mugginsland for this production). He is also eaten by a gigantic Dragonfish." Since OrSVP uses an outdoor amphitheater, the projections will suffer during the daytime matinee performances. "The show relies greatly on video projections, which work well in the evening, but not during the day. I strongly recommend that patrons attend an evening performance of the show to see it at its best," said Cowler.

Cowler recruited musician and former OrSVP actor Ray Christensen to help with the production. There are eight original



(L-R) Genevieve di Natle, Akash Wason, Josh Kessel, Shawn Bonnington, Al Guaraglia, Bill Chessman, Emily Joy Kessel, Dan Phillips, Elissa Berall and Monica Flores rehearse a scene from *Carlo Collodi's Pinocchio*.

songs in the show with lyrics by Cowler. Kevin MacCloud of incompetech.com, a royalty free music composer, provided music for six of the songs. "Six of the songs are based on Kevin's music, modified and arranged to fit my lyrics by Ray," said Cowler. "Two of them are original scores composed by Ray for my lyrics. All of the songs have been written to blend smoothly into and advance the storyline. Ray is a really accomplished musician and very easy to work with. His music certainly adds a whole new dimension to the show." Christensen last appeared on the OrSVP stage in the 2005 production of William Shakespeare's The Tempest.

This production also marks the "largest cast for an OrSVP production – 24 actors aged five through 70," said Cowler. "The main headache is scheduling. With a large cast, you have a lot of conflicts during

rehearsals. But most of the cast is very experienced in theater, which helps a lot. Costuming is also a concern, but this has been helped significantly by Marian Simpson allowing us to use costumes from her theater company, East Bay Children's Theatre." Simpson appeared as Miss Caroline Amory in OrSVP's production of Agatha Christie's *Black Coffee* in June.

Performances run Sept. 12 through Oct. 3, Friday and Saturday nights at 8:30 p.m. with Sunday matinees on Sept. 20 and 27 at 4 p.m. and one Thursday performance on Oct. 1 at 8 p.m. For more information, visit www.orsvp.org or call 925-528-9225.

OrSVP is completely volunteer run and no one at the theatre is paid. Anyone who is interested in any aspect of theatre and would like to help is encouraged to contact the group at info@orsvp.org or 925-528-9225.

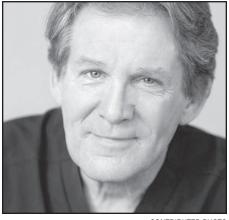
# Cal Shakes Welcomes Broadway Star in Role of King Lear

By KATHRYN G. McCARTY Staff Writer

Broadway, film and TV star Anthony Heald appears in the title role of California Shakespeare Theatre's final production of the 2015 season, William Shakespeare's *King Lear*, directed by Amanda Dehnert. The two-time Tony Award nominee just completed runs in the Broadway revival of Bernard Pomerance's drama, *The Elephant Man*, starring Bradley Cooper at the Booth Theatre and subsequently at the Theatre Royal Haymarket in London.

Silence of the Lambs and Red Dragon fans will recognize the actor as Hannibal Lecter's nemesis, Dr. Frederick Chilton. Other big screen appearances fans may be familiar with are Silkwood, Postcards from the Edge, The Client and The Pelican Brief. In more than 30 years of working in the industry, Heald has appeared in both feature and regular roles in dozens of television shows, including Cheers, Boston Legal, Boston Public, Law and Order and The Practice.

Heald's impressive theatre résumé includes being twice nominated for Tony Awards for his roles in *Anything Goes* and Terrence *McNally's Love! Valour! Compassion!* He has three Obie Awards for his Off-Broadway performances in *The Foreigner*,



CONTRIBUTED PHOTO Broadway's **Anthony Heald** stars as the famously

Quartermaine's Terms and Henry V. Heald performed with Nathan Lane in Terrence McNally's The Lisbon Traviata and with George C. Scott and Charles Durning in Inherit the Wind.

Dehnert, who last directed at Cal Shakes in 2011 with *The Verona Project*, is well known to Oregon Shakespeare Festival (OSF) audiences. She has directed Heald in the OSF productions of *Julius Caesar* (2011, in the roles of Cicero, Publius, Cinna and Pindarus), *My Fair Lady* (2013, in the role of Alfred P. Doolittle) and *Into the Woods* (2014, in the role of The Mysterious Man).

From Orson Wells and Ian McKellen to [See LEAR page 22]

### Eric Ting is Cal Shakes' New Artistic Director

Obie Award-winning director Eric Ting takes over the reins at Cal Shakes this November. Ting brings extensive directing credits at some of the top theaters in the country including 11 seasons as the Associate Artistic Director at Connecticut's Long Wharf Theatre. "I'm inspired by the fearless scope and vision of my predecessor, Jonathan Moscone, and humbled by the collective commitment, faith and trust given me by the entire Cal Shakes Board," says Ting.



Orinda Starlight Village Players

Carlo Collodi's

inocchio

Adapted By Malcolm Cowler

Fridays and Saturdays, at 8:30 p.m. September 12 through October 3 Sunday September 20 & 22, 4 p.m. Thursday October 1, 8 p.m.

At the Outdoor Theater, Orinda Community Center Park, 26 Orinda Way (Across from Rite Aid). Two blocks from BART.

Regular admission \$16, Discount admission \$8

www.orsvp.org

Tickets at Box Office or call 925-528-9225 or email info@orsvp.org Orinda Starlight Village Players, 4946 Santa Rita Rd., Richmond, CA 94803

Starlight Dinner Theater Offer

Bring a receipt from an Orinda restaurant to the theater and get two <u>regular</u> theater tickets for the price of one. (Restaurant receipt must be from the same night as the performance. One discount per party.)





CELL 510.541.1662 DIRECT 925.743.3501 www.diannecrosby.com

Serving Lamorinda, the Bay Area, and the entire State of California from her loan processing center located at 51 Moraga Way, Suite 2, Orinda, CA 94563.

RPM Mortgage, Inc. - NMLS#9472 - Licensed by the Dept. of Business Oversight under the California Residential Mortgage Lending Act. Equal Housing Opportunity.



### **CLASSIFIED**

### ♦ SCHOOLS from page 9

again."

Miramonte High School principal Julie Parks reports the Mats have a number of new things happening. Over the summer flooring in many classrooms was replaced. Parks said this was a much-needed improvement because the old flooring was original from when the school opened in 1955. In August, teachers attended the Acalanes Union High School District's three-day Summer Institute, a teacherdriven professional development course. "It is something that really makes our district special, as it honors the time that teachers need to plan rigorous, cutting-edge curriculum," said Parks.

The school has a new associate principal, Zach Pinkerton, who formerly worked at Acalanes High School. "We are excited for him to join our team," said Parks. A new math teacher, Dave Rosenbaum, joins the staff from the Mount Diablo Unified School District, and English teacher Anne Nastor, who previously worked for the Oakland Unified School District, also joins the team. New teachers include Jamie Mather, a social science teacher from the Liberty Union High School District. David Uyeno, who formerly taught elementary instrumental music in Orinda schools, is taking over the Mats' instrumental music program. Parks says the school is still finalizing its master schedule and expects to have more new team members prior to start of school. Regarding support staff, Parks says, "We are happy to welcome Annie Lai to our attendance office. She is transferring from Del Valle. Veronica Erickson, who served in the attendance office last year, will be taking over as our testing coordinator."

Jen Woodman, director of special services/personnel for the OUSD, says there is a statewide shortage of substitute teachers. "We are always looking for qualified substitutes, and they sometimes get hired as teachers in many places," said Woodman. She adds that the need for substitute teacher coverage is a constant in the schools. "These are nice positions for local folks,"

At press time, this newspaper had no information available from Glorietta or Sleepy Hollow elementary schools.

# classified ads

### Household Service

Total Clean. Serving Lamorinda homes since 1985. Insured and bonded employees, 376-1004

French & Italian Conversation Classes starting in September at the Orinda Community Center. Tel (925) 254-2445. www.cityoforinda.org.

### Pets

All Ears Pet Sitting Services - Expert pet care in your home, A.M. & P.M. visits, midday dog walks. Orinda resident. No overnight services available. Call 925-253-8383 or visit allearspetcare.com.

Reading Tutor – Current Reading Intervention teacher SRVUSD - Many years experience teaching beginning and struggling readers. Michele

Yard trimming, clean up & mowing. Overhanging branches removed. Charles (h) 925-254-5533 or (c) 925-528-9385.

Reliable Window & Gutter Cleaning. Friendly service and outstanding results! Servicing Lamorinda since 1983. Please call 925-254-7622 or visit us at www.reliablewindowservice.com.

### Wanted

I buy 1950's Furniture. Danish modern, Herman Miller, Knoll wanted. 1 item or entire estate! Call Rick at 510-219-9644. Courteous house calls.

### ♦ WRNA from page 1

benefit enormously from activities that could be done in their own garden area," added Manheimer. Stuart House, Wagner Ranch Elementary School Director of Facilities said, "The garden is proposed to be located in the area behind the Bandit Club, the before and after school care building." The area was chosen by both the former and current directors of facilities at WRES as well as the former and current WRES principals. Plastic deer fencing material is to be erected to enclose the space. The plan also necessitates the removal of a dead pine tree and a second tree that is "encroaching on the space of the tree next to it. It's doomed anyway because they are too close together," said Manheimer.

A garden area with raised planter boxes has been provided by the Friends of Wagner Ranch Nature Area (FWRNA) in another part of the WRNA. Manheimer said, "Those planter boxes were created by the Friends. They have ideas about what should be in those planter boxes, when they should be used, what should be grown, and that is not necessarily consistent with what the teachers and the parents' club might want to do."

FWRNA board member Reginald Barrett said, "They need something like this. No doubt about it. I'm more than happy to collaborate and work with the school district and with the school to make that happen."

The FWRNA, however, strenuously objected to the proposal of fencing off a section of the WRNA. Barrett said, "I am

absolutely against basically making a land grab by one school for property that should be used by all the kids in Orinda. I don't understand why we weren't talking about this informally instead of having to do it this way. It's taken a lot of time, effort and money, as well as sweat, to try and maintain that nature area as 18 acres. I don't want a single tenth of a hundredth of a percent of that area going to something else." FWRNA secretary Katherine Barrett said, "The FWRNA has been in favor of the elementary school having their own garden, but we were hoping to have input given our history of developing and funding the Nature Area garden for use by all the schools. We even had proposed to fund and build a garden on school property this spring."

The area slated for the new garden is currently home to 45 different species of native plants that are used in the Native Studies program for Orinda students in the fourth grade. Katherine Barrett added, "I spent two hours visiting the site to take photos and map the trees and native shrubs that will be impacted. At least one species is listed as endangered. In the center of the proposed area is the Peter Morton Memorial with 4 redwood trees, a redwood bench and rock with plaque. Adjacent to the memorial is a large heritage valley oak surrounded by a bench used by students for their writing projects." The OUSD board was very concerned that the FWRNA had not been contacted about the proposal, though that didn't stop them from approving the request.

The FWRNA are examining the planned garden site and trying to find an alternative that won't cause as much damage to the area. Katherine Barrett said, "I am currently working on a proposal that would modify the shape of the proposed elementary school garden to become a large rectangle of comparable size along the southern school fence line within the Nature Area. There are fewer heritage trees and rare native plants in this stretch for which there would need to be mitigation."

For more information, visit fwrna.org and www.orindaschools.org.

### ♦ PROGRAM from page 9

our kids." He referenced a situation of a school girl who after attending the classes reported abuse that led to the arrest of a Concord man charged with 11 counts of child molestation. He and his wife, who worked as a nanny in Orinda and Antioch, now faces multiple possible life sentences if convicted.

Of the 1,098 Orinda students who took the classes, only seven families opted out of it, according to Kathy Marshall, OUSD's director of curriculum and instruction. Moraga School District Superintendent Bruce Burns said there has been little controversy over the program in his community with only a few parents keeping their children out of the classes.

The Orinda School Board decided to create a subcommittee to review the program throughout the year and to improve communication with parents. The composition of the subcommittee will be decided at the next school board meeting scheduled for Sept. 15, 8 p.m., at 8 Altarinda Rd.

# Coupon Clippers - Shop Locally and Save!

**K**IRBY **C**ARPET **C**LEANING

10% Off All Services Call 254-2866 today!

www.kirbycarpetcleaning.com



DINE-IN / TAKE-OUT / CATERING Bring in this coupon for 15% Off Any Entree! Sunday-Thursday: 12pm to 8pm; Friday-Saturday: 12pm to 8:30pm 2 Theater Sq. Ste. 142 Orinda CA 94563

(925) 253-1338 www.LAVAPIT.com

"Like us" on facebook.com/lavapit "Follow us" on twitter.com/lavapit

### 2015 **Publication Schedule**

# Orinda News classified ads ...

October 2015 September 5, 2015 Your ad in The Orinda News reaches 9,000 households and businesses in Orinda! November 2015 October 5, 2015

Ad rates are \$5 per line - \$10 minimum

### Categories

 For Sale Cars Musical Instruments Sports Equipment

- Miscellaneous Help Wanted
- Household Services Caregivers **Domestics** House-Sitting
- Instruction Music Lessons
- **Tutors** Miscellaneous
- Pets
- Pet Care
- Rentals Services
- Vacation Rentals/
- Home Exchanges

<ul> <li>Wanted</li> </ul>	
----------------------------	--

	There are 32 spaces per line. Count each letter, punctuation mark, and space between words.									·-															
1	Vam	e					Category																		
A	Addr	ess					Number of Lines																		
	City								Z	Zip_				_Pl	hon	e _			 _E	mai	1			 	
							n the boxes below with one letter, space or punctuation mark in each box. Cost nimum.									is									
:L																									
:L																									
:L																									

Enclose your check payable to *The Orinda Association* and mail to *Orinda News*, P.O. Box 97, Orinda, CA 94563. We reserve the right to reject any ad. Classified ads must be prepaid. Your cancelled check is your receipt.

### **CALENDAR**

# ON THE CALENDAR

- Moraga Art Gallery presents Color, Clay and Fire through Oct. 24, at 522 Center St., Moraga. Visit http://moragaartgallery.com.
  - California Shakespeare Theater presents Charles Ludlam's The Mystery of Irma Vep, a comedy featuring vampires and werewolves, through Sept. 6 at Bruns Amphitheater, Orinda. Visit www.calshakes.org or call the box office at 510-548-9666.
- Story Hour with Cathy Goshorn for children aged 2 to 4, Thursdays, Orinda Books, 276 Village Square, 10 to 11 a.m. Call 925-254-7606. Also Sept. 10, 17, and 24.
- 10<sup>th</sup> Annual Lamorinda Idol, featuring performers in K-12, Orinda Theatre. For details, including performance schedule, visit www.lamorindaarts.org. See story page 11.
- The Second Wednesday Book Group will discuss The Curious Incident of the Dog in the Nighttime by Mark Haddon, Orinda Books, 276 Village Square, 3 p.m. New members
- 18th Annual California Independent Film Festival runs through Sept. 16. Visit www. CAIFF.org/ for movie schedule and tickets.
  - Free Movie Night at Orinda Theatre, 7 p.m. Co-sponsored by Diablo Magazine. Visit www. lamorindatheatres.com/index\_orinda.asp.
- 11 11th Annual Classic Car Show, with Dancing with the Cars at 6 p.m. on Sept. 11 and the Car Show on Sept. 12, 10 a.m. to 3 p.m. For more information, visit www.orindacarshow. com. See story on page 1.
- 12 **Orinda Starlight Village Players** presents Malcolm Cowler's stage adaptation of *Carlo* Collodi's Pinocchio through Oct. 3. Performances at the Community Park are Fridays and Saturdays at 8:30 p.m., Sundays, Sept. 20 and Sept. 27 at 4 p.m. and Thursday, Oct. 1 at 8 p.m. Visit www.orsvp.org or call 925-528-9225. See story page 19.
  - Seniors' Trip to Sam's Castle of Pacifica, hosted by Recreation Department, 11:15 a.m. to 4 p.m. \$35 (residents), \$40 (non-residents.) Visit www.cityoforinda.org; call 925-254-2445.
- 14 **Diablo Choral Artists** has openings for all voice parts (especially tenors and basses). Rehearsals are Mondays, 7 to 9:30 p.m., at St. Paul's Episcopal Church, 1924 Trinity Avenue, Walnut Creek. For details visit www.vmschorus.org, call 925-680-7089 or email info@ deaschorus.org.
- 15 The World Affairs Book Group will read and discuss The Better Angels of Our Nature by Stephen Pinker, Orinda Books, 276 Village Square, 3 p.m. The group meets bi-monthly and welcomes new members.
  - American Association of University Women September Showcase, Holy Trinity Serbian Cultural Center, 1700 School St., Moraga. Coffee at 9:30 a.m. followed by program at 10 a.m. The event is open to the public. For information, visit http://oml-ca.aauw.net.
- 16 California Shakespeare Theater presents William's Shakespeare's King Lear through Oct. 11 at Bruns Amphitheater, Orinda. Visit www.calshakes.org or call the box office at 510-548-9666. See story page 19.
- **Orinda Books** hosts Carole Bumpus discussing her new book, *Recipes for Redemption: A* Companion Cookbook to a Cup of Redemption, 276 Village Square, 1 p.m.
- Random Readers, Orinda Books, 276 Village Square, 2 p.m. The readers meet monthly and welcome new members.
- Maria's Book Group, Orinda Books, 276 Village Square, 11 a.m. The group welcomes
- Middle Eastern Food Festival, St. John The Evangelist Antiochian Orthodox Church, 501 Moraga Way, Orinda, 11 a.m. - 8 p.m. Also 9/27 noon to 8 p.m.. Ethnic foods and drinks, live entertainment, children's activities, shopping bazaar and more. Call 925-258-4255 or go to www.stjohnorinda.org. See article this page.

- All events are free unless otherwise specified. Please note that the library is closed Sept. 6 and 7 for Labor Day. For more information, call 925-254-2184 or visit www.ccclib.org/locations/Orinda.html.
- Orinda Library Gallery showcases Teachers Have Class, featuring Lamorinda teachers who are also artists. A reception for the artists will be Sept. 13, 2 to 4 p.m.
- English as a Second Language Conversation Circle. Practice English in an informal, small-group setting, Tutoring Room, 1 to 2:30 p.m. Preregistration not required. Also Sept. 10, 17 and 24.
  - Monthly Book Sale. Hosted by Friends of the Orinda Library, Book Shop and sorting room, 10 a.m. to 1 p.m.
- Ballet Storytime. Tutu School of Walnut Creek brings the magic of ballet to storytime with classic ballet stories. Children 18 months to five years and caregivers are invited to join in,
- 15 **Toddler Lapsit.** Stories and songs for children aged 1 to 3 and their caregivers, Gallery Room, 10 and 10:30 a.m. No registration required, but attendance limited to once per week. Also Sept. 16, 22, 23, 29 and 30
  - Peek-A-Boo Time. Storytime for children ages 0 to 5, 11:30 to 11:55 a.m. Also Sept. 22
- 18 **Mystery Book Club.** Members discuss the latest mystery of the month, Tutoring Room, 3 to 4 p.m. Adult program.
- 19 Saturday Morning Live! Story time for children aged 3 to 5, Picture Book area, 11 a.m. Also Sept. 26.
- 24 Contra Costa Tale Spinners. A monthly story swap keeping the oral tradition alive, Gallery Room, 7 to 9 p.m.
  - Discussion on Individual Investments. Library Garden Room, 7 p.m. Email michaelskin-

### **CLUB MEETINGS**

- Diablo Star Chapter #214, Order of the Eastern Star. Second Monday, 7:30 p.m. Orinda Masonic Center, Karen Seaborn, 925-689-0995.
- Friends of the Joaquin Moraga Adobe. Third Monday, 7:30 p.m., Gallery Room, Orinda Library, www.moragaadobe.org.
- Friends of the Orinda Creeks. Fourth Wednesday, 8:30 a.m., May Room, Orinda Library,
- Lamorinda Alcohol Policy Coalition. Third Wednesday, 10 to 11:30 a.m., Orinda City Hall Sarge Littlehale Room, 925-687-8844, ext. 227.

## Middle Eastern Food Festival

ive entertainment, children's activi-Lities, delicious ethnic food, a shopping bazaar and more await those attending the 21st Annual Middle Eastern Food Festival. The much-anticipated event takes place Sept. 26, 11 a.m. - 8 p.m., and Sept. 27, noon - 8 p.m., at St. John the Evangelist Antiochian Orthodox Church, 501 Moraga Way, in Orinda.

Parishioner George Wahbeh, who owns Orinda Cleaners, encourages everyone to stop by and enjoy the wonderful food, dancing and cultural center. For more information, call 925-258-4255 or go to www. stjohnorinda.org.



Last year's festival featured a wide variety of ethnic foods. The Ladies Auxiliary has been busy planning even more for this year.



Dancers performing traditional dances are always a highlight of the festival.

Lamorinda Nature Walk and Birdwatching for seniors. Wednesdays, 9 to 11 a.m., free. Call 925-254-2445 for weekly meeting place.

Lamorinda Sirs for retired men. Second Wednesday, 11 a.m. to 1:30 p.m., Holy Trinity Cultural Center, 1700 School St., Moraga, Pete Giers, 925-254-4667.

Lamorinda Sunrise Rotary. Every Friday, 7 a.m., Lafayette Park Hotel, 3287 Mt. Diablo Blvd., Lafayette, http://www.lamorindasunrise.com/ or 925-283-8288.

Lamorinda Toastmasters. Every Tuesday, 7:30 p.m., Temple Isaiah, 945 Risa Road, Lafayette, http://lamorinda.toastmastersclubs.org.

Montelindo Garden Club. Third Friday, 9 a.m., September through May, St. Stephen's Episcopal Church, 66 St. Stephen's Drive, www.montelindogarden.com. September's topic is "Mediterranean Mounts." Nursery owner Jeff Rosendale will explain how to make elevation changes in a flat garden.

Orinda Garden Club. Fourth Thursday, 10 a.m. to noon, September through May, Orinda Country Club, 315 Camino Sobrante.

Orinda Juniors Women's Club community service group. First Tuesday, September through June, 7 p.m., www.orindajuniors.org.

Orinda Rotary. Every Wednesday, noon, Orinda Country Club, 315 Camino Sobrante, 925-

Orinda Association. Second Monday, 7:15 p.m., Orinda Library, May Room, 925-254-0800. Orinda Hiking Club. Every weekend and first Wednesday, www.orindahiking.org or Ian at Orinda Historical Society Museum. Call 925-254-1353 for times and location of meetings.

Orinda/Tábor (Czech Republic) Sister City Foundation. Fourth Thursday, 7 p.m., social, 7:30 p.m., meeting; call 925-254-8260 for location.

Orinda Job's Daughters. First and third Monday, 7 p.m., 9 Altarinda Road, 925-283-7176.

Orinda Teen Advisory Council. Second Wednesday, 4 p.m., Community Center, 28 Orinda Way email orindateenadvisorycouncil@gmail.com.

Orinda Woman's Club. Second Tuesday, 9:30 a.m. to noon, call Jean Barnhart, 925-254-3881, or https://sites.google.com/site/orindawomansclub.

Walnut Creek Garden Club. Second Monday, 9:30 a.m., Camellia Room, Heather Farm, 1540 Marchbanks Road, Walnut Creek, http://californiagardenclubs.com/content/walnut-creekgarden-club or mslittle44@gmail.com. September's topic is "Pollution Prevention," presented by Kit Ohlman from the Contra Costa Sanitary District.

### CITY/FIRE/SCHOOL DISTRICT MEETING SCHEDULE

Acalanes Union High School District. First and third Wednesdays, 7:30 p.m., district office, 1212 Pleasant Hill Road, Lafayette.

City Council. First and third Tuesdays, 7 p.m., Library Auditorium, www.cityoforinda.org. Historic Landmarks Committee. Fourth Tuesday, 3 to 5 p.m., Library Garden Room. Call 925-788-7323.

Moraga-Orinda Fire District. First and third Wednesday of the month, 7 p.m.. Visit www.mofd.org/board/meetings meeting location will be posted on the agenda.

Orinda Union School District Board of Trustees. Third Tuesday (Sept. 15), 6 p.m., OUSD Conference Room, 8 Altarinda Road, Orinda, CA 94563. For the latest listing of dates, please check the website at www.orindaschools.org.

Planning Commission. Second and fourth Tuesdays, 7 p.m., Library Auditorium, www.cityoforinda.org.

Send calendar items to Maggie Sharpe at m.sharpe66@gmail.com

### HEALTH / FARMERS' MARKET

## Move of the Month

**Stability Ball Pikes!** 

#### Step 1

Start in a push-up position with your legs on the stability ball. Make sure that your back is straight, your hips are tucked and your core is engaged.

#### Step 2

Lift your hips upwards by contracting your upper abs. Raise your body up to a V or until your feet are in the middle of the stability ball.

### Step 3

Slowly lower your body back to the starting position and repeat.

Try to do 12 repetitions.





For more information, contact Sheena with Living Lean personal training and eating for elite fitness, at 925-360-7051 or www.thelivingleanprogram.com.







### Fitness Myths That Keep Us From Reaching Our Goals:

1. Strength training and muscle will make me bigger not thinner.

Muscle takes up less space than fat because its denser so if you reduce your fat and increase your muscle you will be eaner and thinner.

### 2. Eating less will make me leaner.

Not necessarily. You may lose a little fat and a little muscle but then it stops once you have lost enough muscle to decrease your metabolism.

### 3. There is no such thing as spot reduction. I can't lose fat in certain areas of my body.

There are ways to increase the blood flow to certain areas of your body in your workouts and stimulate fat loss in those areas.

Contact us for more information: (925) 360-7051

**Personal Training, Nutrition and Group Classes** 

Locations: Orinda and Lafayette

Read Client Testimonials at www.livingleanprogram.com



T've tried a lot of different diets and had good results with most of them. The problem is, I always gain the weight back. With the Living Lean Program, I eat healthily, and I see results with my workouts.I have lost 30 lbs so far, but more importantly I have adopted a fitness and eating regimen that will be lasting."

- Anna Alvarado

# \*\*Seasoned Shopper Fresh Start to Every Day BARBARA KOBSAR



This month the focus is back on a healthy start to the day before school or work and enjoying the fresh fall crops arriving at the Farmers' Market. Apples, peppers, potatoes, eggplant, squash, pears, grapes, nuts and tomatoes are just some of the bounty that makes September another marvelous month to shop at the market.

Slices of apple or bunches of grapes alongside a bowl of wholegrain cereal with milk starts the day. Cherry tomatoes with a chicken sandwich for lunch and a handful of nuts for a snack are just part of the plan to give you energy for the day.

The "5-A-Day For Better Health Program" recommends a minimum of 1 pound of fruit and vegetables per day, which translates roughly into 5 portions daily.

Portion sizes do not vary but how many servings you need a day does. Children (2 to 6 years) need 5 servings (2 fruits and 3 vegetables), older children, teen girls, active women and most men need 7 servings (3 fruits and 4 vegetables) and teen boys and active men need 9 servings (4 fruits and 5 vegetables). Looks like a good plan to visit the Farmers' Market!

Peppers are one of the most versatile vegetables to choose for eating raw, sautéing, stuffing and roasting. Best known of the sweet peppers are the bells, obviously named after their shape. They are mild, sweet, crisp and exceptionally juicy. Most



Colorful peppers make for great additions to

young bell peppers are bright green in color, but as they mature these same peppers turn red or yellow or purple depending on variety. Other sweet peppers, like Italian frying peppers and Hungarian yellow peppers, are thinner fleshed with a more concentrated sweet pepper flavor.

Chili peppers range in flavor from mild to searing hot. Sizes and heat range from the small hot Jalapeno and Serrano to the larger, relatively mild Anaheim and Pasilla or Poblano and the ever-popular Padron peppers. Eye-watering heat lovers are on the hunt for small, orange, lantern-shaped Habanero peppers or to talk to a farmer about his new favorite kind of chili pep-

Enjoy and see you at the market!

The Orinda Farmers' Market is open every Saturday from 9 a.m. to 1 p.m. on Orinda Way in front of the Community Park and Rite Aid. For more information, visit www.cccfm.org or call 925-431-8361.

### ♦ LEAR from page 19

James Earl Jones and Laurence Olivier, some of the world's best actors have taken on the coveted title role of King Lear, the story of an aging king who attempts to secure his kingdom's legacy by dividing it between his three daughters, and in the process tears his family and country apart.

Previews for King Lear are Sept. 16 through 18, opening on Sept 19 and continuing through Oct. 11 at the Bruns Memorial Amphitheater. Performances are Tuesdays through Thursdays at 7:30 p.m., Fridays and Saturdays at 8 p.m., and Sundays at 4 p.m., with a Saturday matinee on Sept. 5 at 2 p.m. The Bruns Amphitheater is located at 100 California Shakespeare Theater Way, Orinda. For more information or to charge tickets (\$20 to \$72), call the Cal Shakes Box Office at 510-548-9666 or visit www.calshakes.org.

### Orinda's Coastal Cleanup Day

Join Friends of Orinda Creeks at the annual beach and inland watershed cleanup on Sept. 19 at 9 a.m. right here in Orinda.

Trash accumulates along San Pablo Creek in downtown Orinda and flows downstream to San Pablo Reservoir and beyond to San Francisco Bay.

Help take care of our fragile marine environment by volunteering your time. Meet in the parking lot next to the Vintage House (25 Orinda Way) at 9 a.m. on Sept. 19. Bring sunscreen, gloves and wear long pants and sturdy shoes. All other equipment will be provided.

For additional information, contact Jim Luini at 925-254-6208.





Taking care of all your dental needs for you and your family. Emphasizing cosmetic dentistry with implants, and Invisalign. Nitrous toxide is available. Consultations are complementary. Dentistry with Excellence.

OUR SMILE IS EVERYTHING

### **BUSINESS BUZZ**

### ♦ BUZZ from page 24

McDonald worked for luxury companies in Los Angeles and New York City, where she took classes at Parsons School of Design, before establishing her own firm, Couture Chateau, in 1989.

"We work with a lot of multi-generational families in the Lamorinda area and always begin with the mind-set that home is our starting place," says McDonald. "With this in mind, we spend time examining the client family's core values. My heart is to go in and to draw the vision out from the family. We may design their main home and a second property, helping them to think



Ann McDonald of Couture Chateau will hold a fall workshop on getting your home ready for the holidays on October 10. Go to www.couturechateau. com to register.

differently about design and decorating."

This process involves thinking about fabrics, spaces, furniture design and placement and how it flows together to make it work in the present. Couture Chateau is team based, utilizing at least four team members and sometimes up to 11 team members on any given project.

"Working together collaboratively, the family articulates a focus, perhaps it is philanthropy, athletics, animal rescue, or faith based core values, and we integrate

those values into the interior design of all their homes," says McDonald. "We make certain that everything we work into the interior design is consistent with this.

"Some people think they can't afford an interior designer. I always tell them they are better off in the long run working with a designer to make their vision a reality. It can save time and resources. We work with families in several ways, from half-day consultations up to three-year projects. There is the right designer for everyone and when appropriate, I make referrals for clients."

Watch for the Back to Basics half-day seminar offered by Couture Chateau providing design tips for people serious about getting their home in order. Details will soon be available on the website at www. couturechateau.com.

McDonald and her husband Patrick have been residents of Orinda since 1995. The couple has two adult sons. Nicholas is currently studying film at the Dodge College of Film at Chapman and Jonathan is a student at U.C. Berkeley where he also plays football. In her free time McDonald serves as business moderator for the Interior Design Community in a volunteer capacity and enjoys swimming workouts.

For more information, call 925-386-0720 or visit www.couturechateau.com.

### Searching for **Skyline Graduates** for 50th Reunion

id you graduate in 1966 from Skyline High School in Oakland? The 50th reunion is being planned, and the committee is looking for 630 graduates from the class. Please contact us at skylineclassof1966@gmail.com.

If you have a friend or relative who is deceased, who was a member of this class, please let us know.

### Festival of Trees Returns to Marriott



SALLY HOGARTY

Attendees at a previous Festival of Trees enjoy the delicious luncheon prior to the popular fashion show.

The Orinda Woman's Club (OWC) ■ 29th Annual Festival of Trees Benefit Luncheon and Fashion Show will take place November 20, 10:30 a.m. at the San Ramon Marriot Hotel, 2600 Bishop Drive, San Ramon. Helen Lyall's beautiful clothes will be featured and Dan Ashley, the coanchor of Channel 7 News, will once again be the Master of Ceremonies. The festive day includes a raffle of wreaths, trees, and bountiful gift baskets plus a raffle for a trip to Club Tahoe at Incline Village or to Poipu Kai Beach Resort. There will be a silent auction for a one week stay at Sea Garden Inn Mazatlan, Mexico. The proceeds benefit White Pony Express, which strives to help hunger and poverty in Contra Costa County; Seeds Restorative Justice in Schools; and OWC's Community Service Committee.

Reservations are \$90 per person. For more information, call Janet Nelson, 925-451-0559 or www.orindawomansclub.





- Complete Auto Care -Scheduled Maintenance - Smog -Air Conditioning - Electrical Repairs -Brakes and Suspension - Warranty Repair - Wheel Alignments -Free Shuttle Service Walking Distance from BART

Celebrating Over 15 Years in Business Thank You Orinda!





925 254-1486 • fax 925 254-3427 9 Orinda Way e-mail orindashell@sbcglobal.net





All the nations You have made shall come and bow down before You, O Lord, and shall glorify Your name." Psalm 86.9

> 8:00 a.m. 9:30 a.m. 11:00 a.m.

See more at LOP( LAFAYETTE-ORINDA PRESBYTERIAN CHURCH

49 Knox Drive, Lafayette SOMETHING for EVERYONE 925-283-8722

### **BUSINESS BUZZ**

# Business Buzz Putting a Personal Face on Local Business

Valerie Hotz



To send items for consideration, email Hotz at v.hotz@att.net.

#### **Supercuts Orinda Grand Opening**

After tiring of the drive from their Moraga home to Lafayette for a haircut, husband-and-wife team **Rajeev and Romie Verma** established Supercuts at 81 Moraga Way, near Mechanics Bank. This Crossroads location features convenient free parking on the upper level for easy access any time of day.

"We feature the Tea Tree experience - exclusive to Supercuts - which is a haircut and shampoo using the special Tea Tree invigorating cleanser made with mint," says Rajeev Verma. "All haircuts come with hot towel refresher soaked in tea tree oil, a very soothing treatment that removes hair clippings from a client's neck and face area. It provides a moment of relaxation in the middle of a busy schedule and clients

do not have to go home and shower after getting a haircut."

Five stylists are on the premises offering superb Supercuts services including a haircut at a bargain \$15.99 (lowest Supercuts price in the Bay Area), highlights, hair color, trim, shampoo and blow dry.



VALERIE HOT

Rajeev and Romie Verma of Supercuts.







Ha Nguyen, Lorie Romo, Sharon Grisby, Nancy Perata and Nini Trinh each host a station in this well-lit and spacious salon. Effective Sept. 1, the Senior Special haircut runs \$11.99 every Tuesday and the Junior Special haircut is \$11.99 every Wednesday.

While this business does not take appointments, the good news is that a Supercuts application for the Android or iPhone allows clients to check-in online. The appindicates how long the wait will be and how many people are waiting for their haircut. A monitor inside the salon operates as a queue, showing who is next in line. The salon offers a fine selection of hair care products by Biolage, Paul Mitchell, it's a 10, Crew, Redken and Nioxin.

"We provide the Supercuts guarantee. If for any reason you do not like the results, you may return within one week and have another cut according to your request," says Verma. "In addition to possessing the state license, all our stylists must go through the Supercuts Academy and be certified by Supercuts. This process ensures that no matter where our clients go, they will always have the same consistent experience." Every three months, instructors visit each salon to update stylists with new techniques.

Enthusiastic about giving back to the community, Verma is inspired by the Good Neighbor Program. When students, family members or staff members of local public schools come into Supercuts, this special project benefits the After School programs at schools by donating \$5 to the program of a client's choice. Verma has specific guidelines for this program so give him a call to get the details at 925-525-7641 or email Verma at Roma5@me.com.

Rajeev and Romie Verma have been married 30 years and are parents to three adult sons, Rohan, Rahul and Rohit. This small business family owns six UPS stores and three additional Supercuts in the East Bay. In their limited free time, the couple enjoys gardening together and cultivating 300 Cabernet grapes. Rajeev serves on the board of directors of the Campolindo Cougars football fundraising committee and can be found playing golf at the Moraga Country Club. Romie's favorite pastime is baking for friends and family.

Supercuts is open seven days a week, 9 a.m. to 7 p.m. For more information call 925-438-7018.

# <u>Chillers Offers Refreshing Mouth Watering Smoothies</u>

If you have not had a chance to stop by Chillers and treat yourself and family to a delicious concoction prepared by owner Mark Callahan, this is something you need to do. Callahan offers 15 different smoothie flavors – not to mention the "Make Your



VALERIE HOT

Chillers' owner Mark Callahan.

Own" - preparing each one fresh as you wait. Located at 21 Orinda Way, Chillers is tucked at the end of the building, just past the UPS Store.

Step inside this brightly lit shop and take a seat at a bistro table. Callahan stocks excellent reading material, *The Beatles in America, Life Platinum Anniversary Collection 70 Years of Extraordinary Photography*, and *The Orinda News*. Or sit outside at a sidewalk table and enjoy the sunshine while sipping your custom-made dessert.

"We are basically a smoothie shop and also offer Dreyer's ice cream, milk shakes and Flavor Brigade Italian Ice, a nonfat and non-dairy alternative to ice cream that is made with fruit and water," says Callahan. "It has half the sugar of sorbet. A big craze now is green smoothies that combine kale or spinach. It is a nice healthy snack that is custom-made to include your preferences. This month we introduce a new offering of fresh organic juice selections that includes orange, carrot, celery and wheatgrass."

Smoothie flavor names spark the imagination, such as Aloha Berry (you will feel like you are on the beach in Maui), Banana Bliss, Tropical Treat, Peach Perfect, Strawberry Splurge, Purple Pucker, Pineapple Paradise, Soy Sister, The Total Package, Rockin' Raspberry and the Make Your Own. "Mark is a really great man who does good things for our community," says Orindan Leslie Darwin O'Brien. "I like to make my own smoothie with mango, peaches, banana and acai powder. It is delightfully refreshing any day of the week."

A native of Orinda, Callahan is a Miramonte High School graduate. After working as a Realtor in the East Bay, he purchased Chillers six years ago. Callahan and his wife of 17 years, Katia, have one son, Tommy, who is in sixth grade. In his free time, Callahan enjoys hiking East Bay trails, cycling and swimming and most especially spending time with his family.

Chillers is open Monday through Saturday from 11:30 a.m. to 5:30 p.m. For more information call 925-254-3233.

### **Couture Chateau**

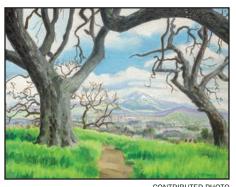
Ann McDonald is a designer at heart and by trade. After earning a baccalaureate degree in Social Science at U.C. Berkeley, [See BUZZ page 23]



## VISUAL ARTS

# Library Gallery: Teacher/Artists Exhibiting During September Show

"Teachers Have Class" September 2015 Orinda Library Gallery Teacher/Artist Exhibit							
Name/Residence	Position/School(s)	Art Exhibited					
Erica Amundson of Martinez	art teacher, Los Lomas High School, Walnut Creek	pen and ink drawings, acrylic paintings					
Maggie Boscoe of Orinda	retired music teacher, Del Rey Elementary School, Orinda	ceramics					
Susan Dannenfelser of Lafayette  www.dannenbeck.com	retired art teacher from Del Rey Elementary School, Orinda	ceramics					
Carla Gelbaum of Moraga <a href="http://cwgelbaum.com">http://cwgelbaum.com</a>	art teacher at Stanley Middle School and Springhill Elementary School, Lafayette	acrylic paintings					
Tim Hancock of Lafayette <a href="http://timhancockart.com">http://timhancockart.com</a>	art teacher at Burton Valley and Springhill Elementary Schools, Lafayette	plein air oil paintings, pen and ink and watercolor sketches					
Deborah Hovey-Lacour of Oakland <a href="http://deborahhoveylacour.com">http://deborahhoveylacour.com</a>	fine arts teacher at Miramonte High School, Orinda	portraiture, photography and drawing					
Debra Jockisch of Orinda	teacher of robotics, leadership and health, Orinda Intermediate School	photography					
Linda Kam of Orinda	retired art teacher from Wagner Ranch Elementary School, Orinda	botanical watercolors					
Jill Landau of Walnut Creek www.jlandauart.com	retired art teacher from Lafayette, Springhill and Burton Valley Elementary Schools, Lafayette	oil paintings					
Jo Ann Lieberman of Lafayette	retired art teacher from Burton Valley and Happy Valley Elementary Schools, Lafayette	acrylic paintings, collage and prints					
Lois Reynolds Mead of Orinda http://loisreynoldsmead.wordpress.com	retired art teacher from Joaquin Moraga Intermediate School in Moraga and Del Rey Elementary School, Orinda	acrylic paintings, paper collage iPhoneograpy					
John Moran of Oakland	fifth grade teacher at Del Rey Elementary School, Orinda	photography					
Hillery Paterson of Oakland <a href="http://hillcompanydesign.com">http://hillcompanydesign.com</a>	art teacher, Del Rey Elementary School, Orinda	gouache on recycled paper					
Robert Porter of Concord www.robertporter.net	visual and performing arts teacher Acalanes High School, Lafayette	mixed media paintings					
Pamela Stefl Toki of Oakland www.pamelastefl.com	instructional support provider, Del Rey Elementary School, Orinda	clay monoprints					
Moose Wesler of San Leandro www.doodlecity.com	visual arts teacher at Joaquin Moraga Intermediate School, Moraga	printmaker					
David Wilson of Oakland	fifth grade teacher at Del Rey Elementary School, Orinda	acrylic paintings					
Kim H. Wong of Orinda <a href="http://kimhwongartist.com">http://kimhwongartist.com</a>	substitute art teacher for the Acalanes High School District	acrylic paintings					
Susan Zib of Orinda	visual arts teacher at Glorietta and Sleepy Hollow Elementary Schools, Orinda  acrylic paintings (points)						



Tim Hancock's Dinosaur Hill Oaks, a 11"x14" oil on canvas.



CONTRIBUTED PHOTO Linda Kam's Aeonium cuneatum, a 11"x14"



CONTRIBUTED PHOTO
JoAnn Lieberman's Jungle Boogie, a 24"x30"



Hillery Patterson El Cielo Ofrece, 25" x 31" gouache on recycled paper.



Susan Zib's Untitled 1, a 12"x12" acrylic on canvas.



CONTRIBUTED PHOTO David Wilson's Untitled 3, a 29"x29" acrylic on canvas.



Pamela Stefl Toki's Openings to the Journey, a 40"x60" clay monopprint.